



DUBBO REGIONAL
COUNCIL

RECREATION STRATEGY

2030

CEO'S MESSAGE



We have a proud history of being welcoming yet formidable sports people.

Sport and physical recreation is essential to our local area and it is the cornerstone of improved health and well being. Sport gives us a great sense of belonging to our community through the social connections it brings.

This strategy recognises the importance of accessible, diverse, safe and appealing open space networks for the many diverse cultural groups, ages and abilities in the cities and towns that make up Dubbo Regional Council.

Opportunities for the future are detailed through the Action Plans to improve both structured sports and informal recreation to activate our cities and neighbouring towns. The actions were prepared in consultation with community and key stakeholders.

We provide a framework to work together into the future. Through this strategy we aim to partner with sporting agencies and associations over the next 10 years. This is our plan to deliver better sport and green infrastructure.

This strategy aims to build participation and strengthen our networks to ensure that our community enjoys vibrant, healthy and dynamic lifestyles.

Michael McMahon
Chief Executive Officer

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About the Strategy

The aim of this strategy is to set out how we will improve recreational opportunities over the next 10 years.



This strategy guides future planning and delivery of recreation to ensure that our community has access healthy and vibrant lifestyles in DRC.

Sport and recreation enhances the lives of the community. The benefits of active and passive recreation in delivery of social, physical, economic and community well being is widely documented.

Our region is fortunate to have a unique population of younger families and is a region that is growing. To increase opportunities for all includes developing the life long enjoyment of sport and in being an active member of the community.

Additionally our region also has the benefit of broad landscapes and scenic river corridors that lend themselves to offering nature-based recreation experiences.

This strategy addresses the benefits of recreation in terms of improvements to health and wellbeing of the individual and for the community.

This strategy sets our vision and guiding principles. So we are future focused, practical and equitable in delivering great spaces for structured sport and leisure. The Action Plans list these goals point by point and include planning outcomes as well as specific support, maintenance and capital works improvements. The goals are set over a 10 year timeframe.

Recreation at Dubbo Regional Council

About our region

Our region is strategically important. Dubbo and Wellington provide the economic growth centres where access to public government departments and facilities support neighbouring towns and villages. The use of Council facilities for major events is supported by planning at local and state levels.

Our region consists of two major urban areas, Dubbo and Wellington and the surrounding interdependent villages of Ballimore, Brocklehurst, Wongarbon, Eumungerie, Moriguy, Elong Elong, Stuart Town, Mumbil, Geurie, Euchareena and (North) Yeoval.

It is anticipated that Dubbo and Wellington will continue to grow.

The current population of DRC is around 51,398 and the forecast is for growth to around 64,487 by 2041.¹

The median age of our area is 35 years, which is slightly younger than the NSW average of 38 years. The focus of this strategy is to support development of sports and continuation of participation through teenage years into adulthood and senior years.

Consultation undertaken with our community and stakeholder groups report offering inclusive, anti-discriminatory and thoughtful ways to improve participation.

Many clubs advocate great outcomes for our community including support for mental health, encouraging indigenous and female participation.

Trends in recreation demand align with demographics and differ dependent on age grouping. For instance, extreme sports are increasing in younger groups and youth.

Passive recreation such as walking has increased in demand across all age groups.

Consultation with stakeholders identified that lighting for structured sports as well as to allow walking activities is

desirable. This strategy addresses consistency, equity and prioritisation in delivering better networks over time.

Key challenges

Current challenges in providing sports infrastructure include:

- 👍 Facilities age and require maintenance.
- 👍 Inefficient provision and duplication across the former Wellington and Dubbo local government areas.
- 👍 Managing community and sporting association expectations.

Aiming for equitable provision of good quality sports fields and connected open space is an objective of this strategy.

Sports Council Feedback

DRC has a strong working relationship with sports associations in the region. Action Plans and outcomes were identified with consultation from sporting and community groups.

Prioritisation of sport and recreation funding is facilitated through this collaborative approach.

Collaboration with community relies on decision making tools to assist us in the determination of priorities.

Determining funding for upgrading sports facilities across the LGA requires a method of delivering equity across groups of users. As a government entity, we promote transparency and fairness in our decision making.

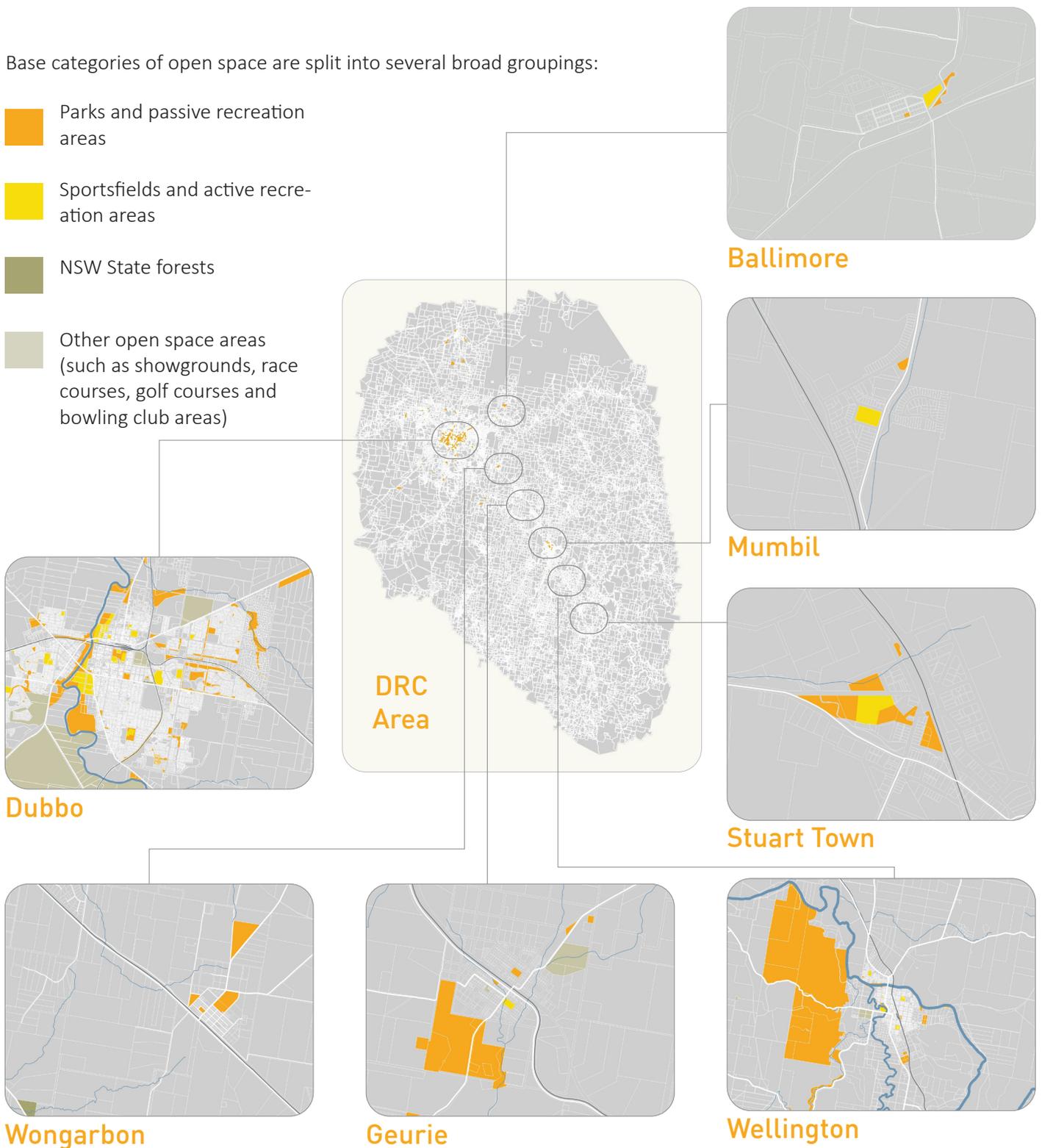
Tools such as a desired standard of service assist in this process. A standard of service is a matrix to assist classification of sports grounds with their performance requirement as a hierarchy. This assesses the provision of standard of quality required for amateur to elite levels, from local to regional, planning and design criteria, and expectations of developers and partner agencies.

Parks and Reserves Overview

The region is split into Dubbo, Wellington and smaller villages. The map below illustrates the general location of areas with reserves and sports fields.

Base categories of open space are split into several broad groupings:

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)



Benefits of Recreation

The Australian Government estimate that for every \$1 spent on sport and recreation returns \$7 benefit to the community.

Healthy communities

Physical activity is key to a healthy lifestyle. Whether this is through active participation in sports or unstructured use it is vital that public sports grounds, playgrounds, fitness equipment and open space is safe and available for use. ²

Physical activity is important for every member of the community for health, social interaction and well being. Estimates suggest that physical inactivity contributes to the death of 16,000 Australians every year. This is 14 times the national road toll. ³

Unstructured recreation is as important as active sports because humans require daily activity to remain healthy.

Changes in length of time in work related activities as well as less physical occupations mean that quality public

open space for recreation is vital.

Quality open space relates to its design, continued maintenance, openness, equipment an accessibility. The quality of space for recreation delivered by us has a direct relation to quality of life.

Financial estimate for the benefit of sport

Data regarding income through sports related businesses across Australia, estimates sport related businesses bring **\$83 billion** in combined health, education and economic benefits each year. ⁴

Conversely the cost of not supporting active and healthy communities is expected to cost over **\$87.7 billion** in additional health and social costs over 10 years to 2025⁵. Other sources of economic value including, improved labour productivity due to healthier workforces or economic benefit that volunteers contribute⁶.



Trends and Opportunities

Trends in Sport and Recreation

Current trends indicate that Australians are becoming more aware of the importance of sport for health and well being.⁷

The top 20 sports across Australia (past 3 years)

1. Walking (Recreational)
2. Fitness/Gym
3. Swimming
4. Running/Athletics
5. Cycling
6. Football
7. Tennis
8. Bush walking
9. Basketball
10. Golf
11. Yoga
12. Australian Football
13. Netball
14. Cricket
15. Dancing (recreational)
16. Pilates
17. Surfing
18. Gymnastics
19. Touch football
20. Martial arts

Current trends in participation

- 👍 Walking, running, cycling and bush walking whilst having the highest participation rates are generally not organised activities. Bush walking and running are also considered to have the greatest gender equity.
- 👍 Activities with the largest percentages of women participating are Pilates, Netball, Dancing and Yoga.
- 👍 Activities with the largest percentage of men participating are Cricket, Australian Football and Golf.
- 👍 Australian Football has recently surged in participation by women. The number of women participating twice a week has jumped 154% from 19,005 in 2017

to 48,225 in 2018.

- 👍 The interest in traditionally male sports transitioning to greater female participation has also been of interest to other structures sports, e.g. Cricket.
- 👍 Football is overall the largest team sport in terms of numbers participating.
- 👍 Adult participation in regional areas is higher for Touch Football, Tennis, Australian Football, Cricket, Netball, Basketball and Walking.
- 👍 Indigenous communities have higher rates of participation in Basketball, Touch Football, Netball, Cricket, Martial Arts and Australian Football.
- 👍 The greater percentage of participation for adults with disabilities is for walking and martial arts.
- 👍 Cycling is considered to have two peak age groups for organised participation: the first age group is 9-11 then 45-54.

Opportunities for active sports

There have been several studies that identify the positive relationship between provision of sports facilities and the increase in participation.⁸

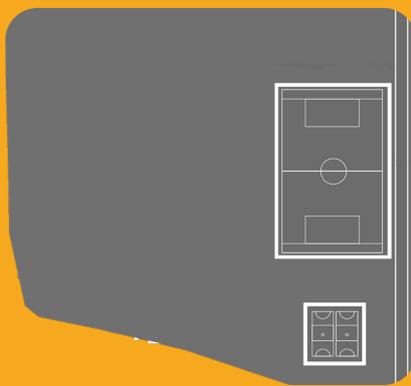
We have an opportunity to set out a standard of service for the short, medium and long term maintenance and upgrade of facilities.⁹

This will ensure that sports associations are able to promote greater participation, support high performance teams and facilitate change. Facilitating change can include opportunities to offer sports to a wider and more diverse group or promote partnerships. This aids our ability to offer differing services and programs within sport.

Promoting Equity Across the Region

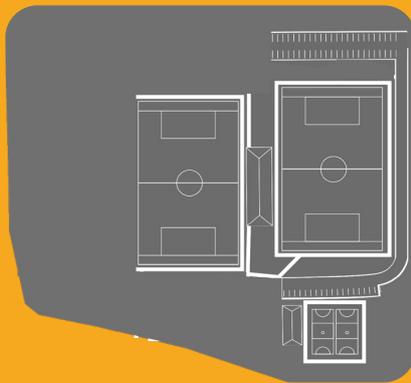
Our parks and sports grounds are a mixture of local, district and regional facilities. This section explores what you might expect to find at each level. There are more variations between low, medium and top level fields,

and premium parkland areas will often have additional community benefits such as education, interpretation of historic sites or tourism.



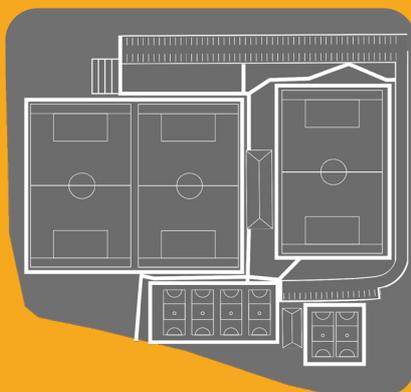
LOCAL OR NEIGHBOURHOOD FACILITY

- Walking distance of most users or service
- Are small sites with basic level facilities. These sites may be used by local community and sporting clubs for game or provide local training and junior practice options
- Recreational open spaces in villages are generally at this level



DISTRICT FACILITY

- Good standard of quality that may be used by local townships and groups of local communities.
- Facilities may be a focus for an association competition and can be central venues that facilitate regular competition



REGIONAL OR STATE FACILITY

- Best standard of quality, amenity, service and management offers economic benefits of multisport facilities.
- Best capacity for large events and elite level athletes and competitions
- Caters to a large catchment wider than drc for some events.

Local or Neighbourhood Parks and Sports

Local parks and sports fields are the first level and common small parks at the end of suburban streets.

At a minimum you may expect to find:



District Level Parklands and Sportsgrounds

This example shows a district park with medium level facilities.

At mid level facilities you would expect to find a mixture of assets:



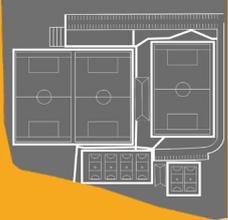
Regional or State Parklands and Sportsgrounds

This example shows a premium facility which may attract large events.

You would expect to find premium quality assets:

Trees, multi courts, picnic tables & barbecues, play space, adventure parks, memorials, amenities, bins, lights, water features or splash pads

REGIONAL FACILITY








PARKLAND





SPORTSGROUND

Covered spectators space, amenities
 Professional lights, irrigation, fencing & surfaces
 Carparking with wayfinding & signage
 Commercial canteen / officials rooms / function rooms

The Supporting Framework

The DRC Planning Framework

This strategy is aligned with council planning for open space and recreation. This document presents connected planning for both open space and recreation in our region.

2040 Community Strategic Plan Theme 5: Liveability

The 2040 Community Strategic Plan forms the central component of integrated planning and reporting for our region. The direction of this strategy is based on the overarching principles defined under Theme 5: Liveability in the plan.

In particular section 5.5 - The community has the opportunity to participate in a diverse range of lifestyle, sporting and passive recreation pursuits.

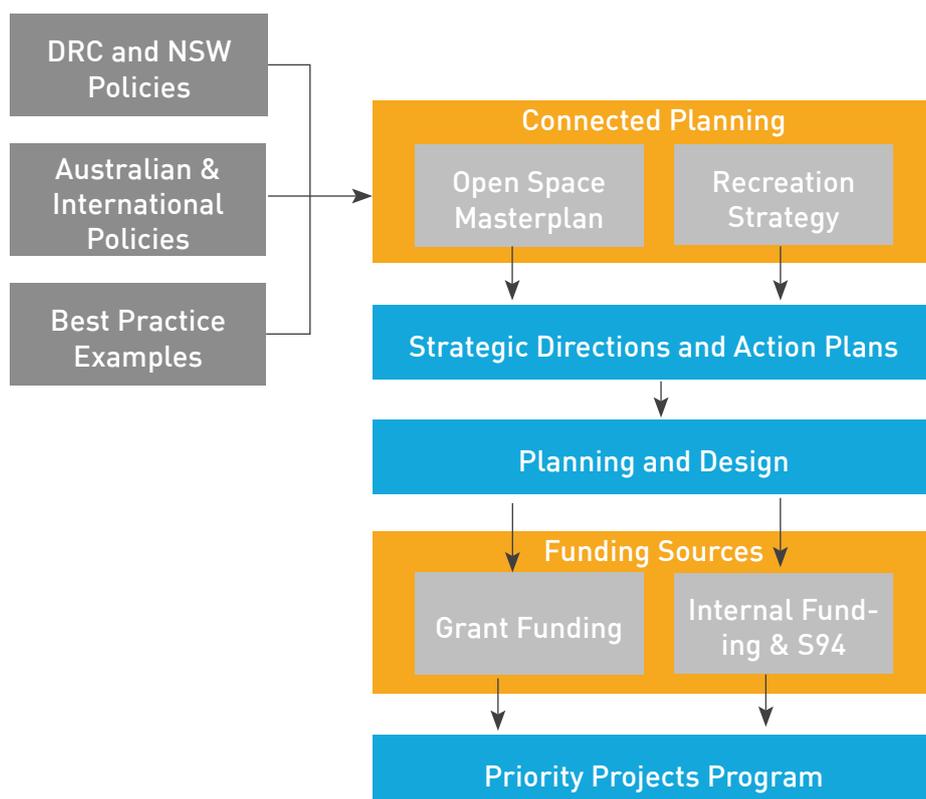
The action plans within this strategy deliver on:

- 5.5.1 Access to recreation and cultural facilities for young people is improved
- 5.5.2 Quality passive and active open space is located to maximise access and use by the community
- 5.5.3 Unique recreational facilities and opportunity are available
- 5.5.4 Our sporting facilities are recognised as catering for a wide range of local, regional and state sporting events and opportunity

Other Recreation and Open Space Planning Documents

This strategy supports and builds on key gaps identified in the **Open Space Masterplan 2018** to:

- 👍 develop a unified open space strategy for Wellington and Dubbo.
- 👍 plan for new urban release areas to join the network
- 👍 build networks of open space connections.
- 👍 prioritise capital works programs for delivery.





The Supporting Framework

This strategy has been informed by best practice sources as well as governmental policies and advice. These include local, state, federal and international supporting policy and guidance.

Key commonwealth and NSW Government documents have been reviewed in this section to support this strategy and its framework.

The Action plans delivered in this Strategy will be delivered incrementally over the 10 year plan through a variety of funding sources, for example, annual works programs.

Commonwealth Strategic Initiatives

Sport 2030

Australian Government priorities for sport focus on building a more active population. The plan for Sport 2030 aims to produce sporting excellence across Australia and build a strong industry that is free from corruption.

The key priorities from the top down:

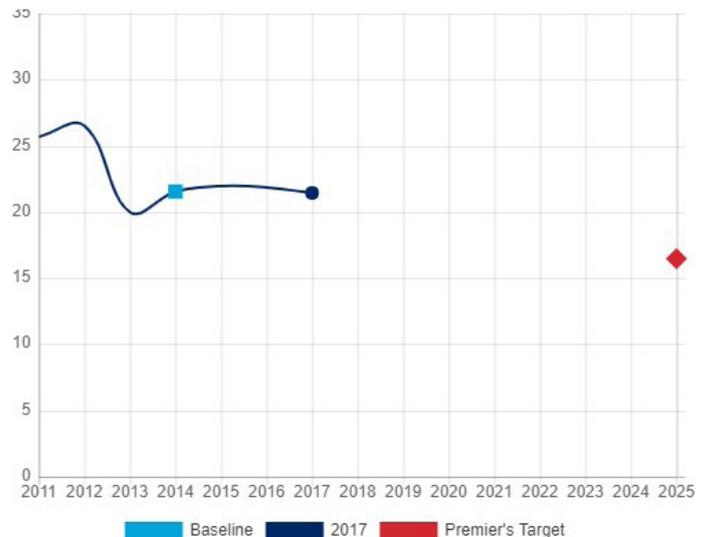
- 👍 Building a more active Australia
- 👍 Achieving sporting excellence
- 👍 Safeguarding the integrity of sport
- 👍 Strengthening Australia's Sport Industry

NSW Government Planning Context

Sport and recreation planning documents that over-arch this DRC Recreation Strategy include directives from the Premier, NSW Departments and Agencies including the Office of Sport.

12 Premier's Priorities

Reduction of childhood obesity is listed as a top priority of the Premier. The aim is to reduce obesity rates of children by five percentage points by 2025. Active Kids vouchers are an initiative of this priority to get more children into active sports.



Source: NSW Population Health Survey (SAPHaRI). Centre for Epidemiology and Evidence, NSW Ministry of Health

The Supporting Framework

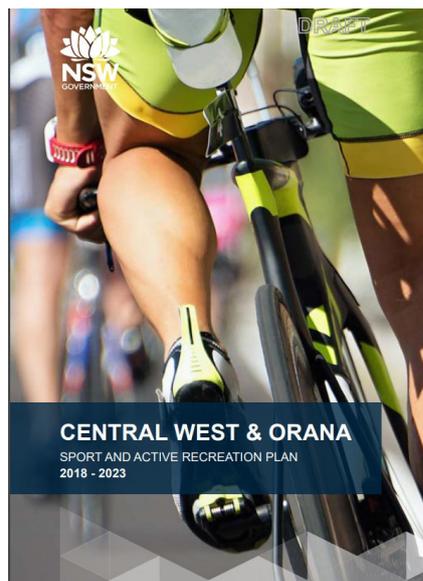
NSW Office of Sport



Sport NSW

The guiding principles within this document have been aligned with NSW future directions for sport.

This report aims to improve delivery of sport across the industry through collaboration, capacity, innovation and engagement with active recreation.⁸



The plan highlights the connection between development of Regional Sports Hubs, other regionally significant facilities and local facilities.

This Strategy reflects a common hierarchy of regional, district and local sports and open spaces.

Health Stats NSW 2002-2017

Data in our region indicate over 50% of adults are either overweight or obese. The rate for children was around 20%.

Health indicators for suicide were slightly higher than the NSW average at around 11 per 100,000 population.

Central West and Orana Sport and Active Recreation Draft Plan 2018 - 2023

The plan highlights the role of DRC in:

- 👍 Constructing, maintaining and managing sport and active recreation infrastructure and programs in local communities.
- 👍 Collaborating with the community to identify sporting infrastructure and program needs.
- 👍 Incorporating sport and active recreation into Community Strategic Plans.
- 👍 Contributing to the development of Regional Sport and Active Recreation Plans.
- 👍 Aligning service delivery with the Regional Sport and Active Recreation Plans

NSW Planning and Environment Central West and Orana Regional Plan Implementation Plan 2017-2019

Directions from the plan support recreation through:

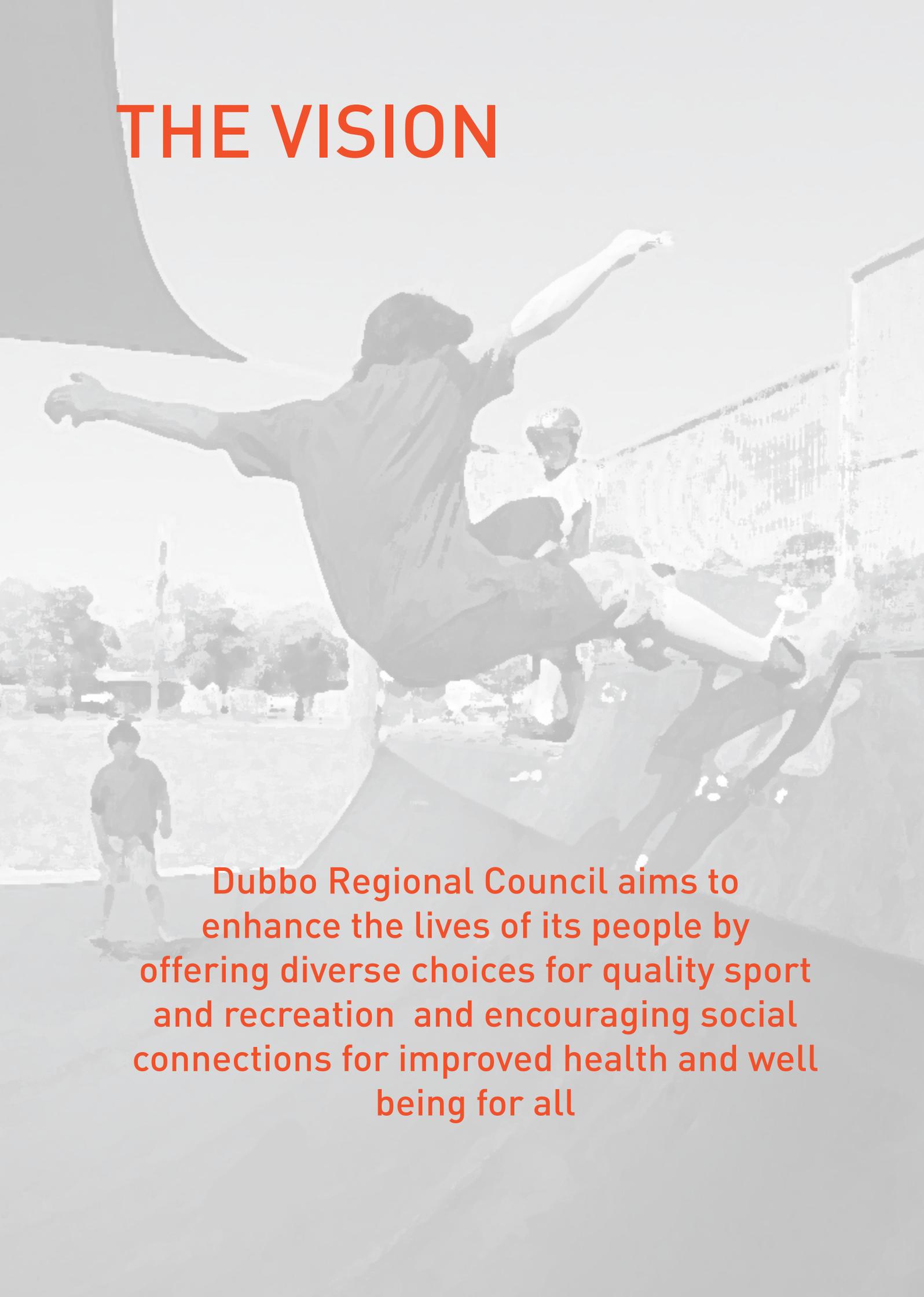
- 👍 Direction 13.5: Protection and management of environmental assets, including for recreation.
- 👍 Direction 14.3: Management and conservation of water resources for recreational fishing.
- 👍 Direction 29.2: Enhance the quality of neighbourhoods by integrating recreational walking and cycling networks.

Other Guiding Documents

Victorian and SA documents have also been reviewed in context of providing the best practice action plans. These strategic documents share a focus on the benefits of sport and recreation to our communities.

The focus of all strategic documents is aimed at facilitating Australian communities to become more active overall.

THE VISION

A grayscale photograph of a person performing a parkour jump over a wall. The person is in mid-air, with arms and legs extended. In the background, there are other people, including one wearing a helmet, and a building with a fence. The scene is set outdoors on a paved area.

Dubbo Regional Council aims to enhance the lives of its people by offering diverse choices for quality sport and recreation and encouraging social connections for improved health and well being for all

Guiding Principles

We understand the value of sport and recreation in improving the health and social well being of our communities.

The purpose of the vision is to consider the needs of our community for now and in the future. The vision assists in delivering on the following guiding principles in the prioritisation of action plans.

Activation

Activation is the process of integrating public space with community by the layering of programs, activities and amenities.

The aim is to get an increased number of residents to participate in sport and active recreation.

This means that we must aim to:

- 👉 Offer broader and more inclusive opportunities for participation in sport, informal recreation and leisure activities.
- 👉 Plan an integrated system of open space with infrastructure that is flexible to address the demands and structure of community sport.

Quality offering

Quality recreation is planning for DRC to have facilities that are robust and flexible and allow for high-performance sport and events.

The Action Plans consider the physical attributes of a system that requires incremental upgrades, maintenance schedules and communication between user groups.

Future proofing

Well planned and connected investment will maximise participation and enhance the benefits of leading and active lifestyle. Action Plans provide consideration of current and future trends with the aim of providing sustainable, efficient and maintained infrastructure.

Future proofing recreation means thinking about the partners that DRC makes with associations, government agencies and private businesses to increase integration and active participation.

Inclusion

Increasing the number of people participating in sport and active recreation requires a collaborative system where all have the opportunity to be involved.

Some user groups have been identified as requiring additional support to improve participation.

To be broader and more inclusive, we need to continue to:

- 👉 support all abilities
- 👉 provide affordable options
- 👉 advocate equality and anti discrimination
- 👉 increase participation for women
- 👉 support indigenous access
- 👉 increase options for youth engagement



ACTION

BUILDING ACTION PLANS

ACTION PLANS

Action Plan 1: Structured Sports

OBJECTIVES

1. Deliver long term planning for the equitable spread of sports grounds across the LGA

ACTIONS

- 1.1 Planning for future needs of the community through analysis of current supply, future needs and gap analysis (in partnership with Office of Sport). Identification of key areas for activation within community. Prepare activation plan based on outcomes to define:
 - High use areas
 - Areas of low use and causes
 - Key activation zones
 - Key public space interface areas
- 1.2 Annual review of sports field utilisation to inform maintenance needs diversify opportunities and increase active participation.
- 1.3 Plan for spreading the use of fields across the LGA to increase efficiency, improve usage and capacity of current sports fields available. This will assist in optimising the usage of existing sport and recreation land available.

2. Provide quality playing surfaces and amenities

- 2.1 Liaise with sporting club management to prioritise short term plans for maintenance schedules (1-3 years) and medium to long term facility upgrades (3-10 years).
- 2.2 Deliver focused and prioritised improvements to sports facilities based on best practice maintenance based standards of service policy.
- 2.3 Design for flexible multi court surfaces between sports at selected locations.
- 2.4 Annually review usage of fields Seek improvements in efficient usage of ground through consolidation of improvements to existing recreation facilities prior to delivery of new assets.
- 2.5 Plan for medium to long term water, irrigation and storm water reuse for sports field maintenance.
- 2.6 Review and plan for progressive upgrade for lighting across priority regional, district and local sports fields. Plan existing and future demand using needs-based analysis.

Action Plan 1: Structured Sports

OBJECTIVES

3. Focused improvement for key facilities for sporting associations

ACTIONS

Deliver improvement to develop sport and increase participation:

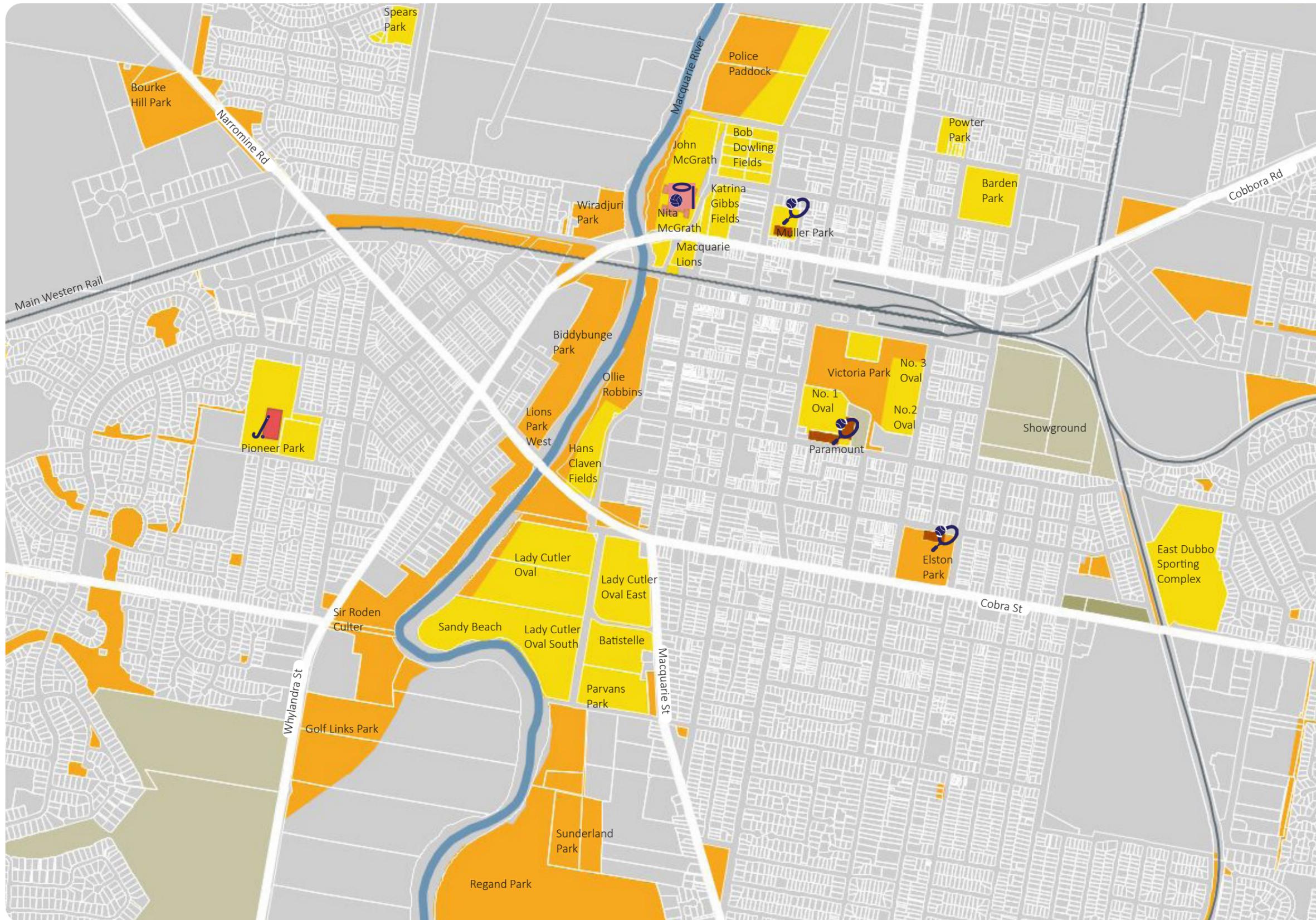
- 3.1 AFL**
Review usage, facilities and priorities at South Dubbo Oval.
- 3.2 Athletics**
Continue to maintain Barden Park to standard. Review athletics specific infrastructure at Rygate Park.
- 3.3 Cricket**
Partner Cricket Associations in prioritisation of facilities maintenance and upgrades to grounds available.
- 3.4** Focused upgrades including synthetic Cricket pitches and nets to current standard.
- 3.5** Priorities Victoria No. 1 oval to state standard.
- 3.6 Cycling**
Assist transition from Victoria Park Oval 1 to Dubbo Cycle Facility.
Assess feasibility of cycling at other locations for mountain biking and to accommodate other biking and cycling disciplines.
- 3.7 Golf**
Support Wellington club in encouraging young membership.
- 3.8 Hockey**
Prioritise Pioneer park facilities.
- 3.9** Liaise with members to for event planning and incremental upgrades to maintain current standard surfaces.
- 3.10** Support delivery programs in Wellington and ties between clubs.
- 3.11 Netball**
Support Wellington Netball membership and program.
- 3.12** Facilitate planning to meet growing club needs.
- 3.13 Paddling**
Review long term planning for Macquarie River to support accessibility, storage and amenities. Facilities may include shared storage between other water based sports and triathlon club.
- 3.14** Support Paddle Club to develop junior programs development and event attraction.

Action Plan 1: Structured Sports

OBJECTIVES

ACTIONS

-
- 3.15 Rugby League**
Prioritise Apex Park facilities to maintain standard of a state level facility.
- 3.16** Deliver Kennard Master plan priority upgrades.
- 3.17** Plan for maintenance and upkeep of rugby playing surfaces.
- 3.18** Assist with negotiation between winter and summer sports
- 3.19 Rugby Union**
Review junior and senior clubhouse separation and support possible medium to long term amalgamation.
- 3.20 Soccer - Football**
Partner Dubbo & District Football Association in prioritisation of grounds, maintenance and upgrades and summer and winter sports field usage.
- 3.21** Wellington irrigation renewal at Pioneer Park. Plan medium to long term upgrade of western field drop off.
- 3.22** Assist equitable management of high use fields with other sports and passive recreation concerns.
- 3.23 Ultimate Frisbee & Disc Golf:**
Review usage, facilities and priorities at South Dubbo Oval (Ultimate Frisbee) and Sandy Beach (Disc Golf).
- 3.24** Possible long term review of current fields to consider increase to facilitate state and regional carnivals.
- 3.25 Triathlon**
Provide assistance to facilitate events and negotiate competition.
- 3.26** Possible medium term planning for storage.
- 3.27 Touch Football**
Provide maintenance to existing facilities. Consider embellishment and enhancement to facilities over long term through addition of lights at John McGrath field and increasing formalised parking. Prepare planning for future designs for Police Paddock.
- 3.28** Possible review of fields to consider increase to 30 fields over medium to long term to facilitate state and regional carnivals.



General Guide

- Parks and passive recreation areas
- Sportsfields and active recreation areas
- NSW State forests
- Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Hockey

- Hockey fields are located at Pioneer Park, West Dubbo

Netball

- Netball fields are located at Nita McGrath Fields

Tennis

- Tennis Courts are located at Paramount, Victoria Park, Elston Park, Muller Park (managed by State)

Cricket

- Field and practice nets at:
- Bob Dowling Oval
 - John McGrath Oval
 - Jubilee Oval
 - Lady Cutler Oval & South
 - Pioneer Park
 - South Dubbo Sporting Complex, Victoria Park No. 1, No. 2 & No. 3 Ovals

Structured Sports - Dubbo

Football

Fields are available at:
 Apex Oval (junior fields)
 Hans Claven Oval
 Lady Cutler Oval, East and South
 Pioneer Park

Rugby League/Union

Individual sport and combined fields as:
 Apex Oval & Juniors (league)
 Jubilee Oval
 Victoria Park No. 1 Oval
 Victoria Park No.2 & No.3 Oval (union)

Touch Football

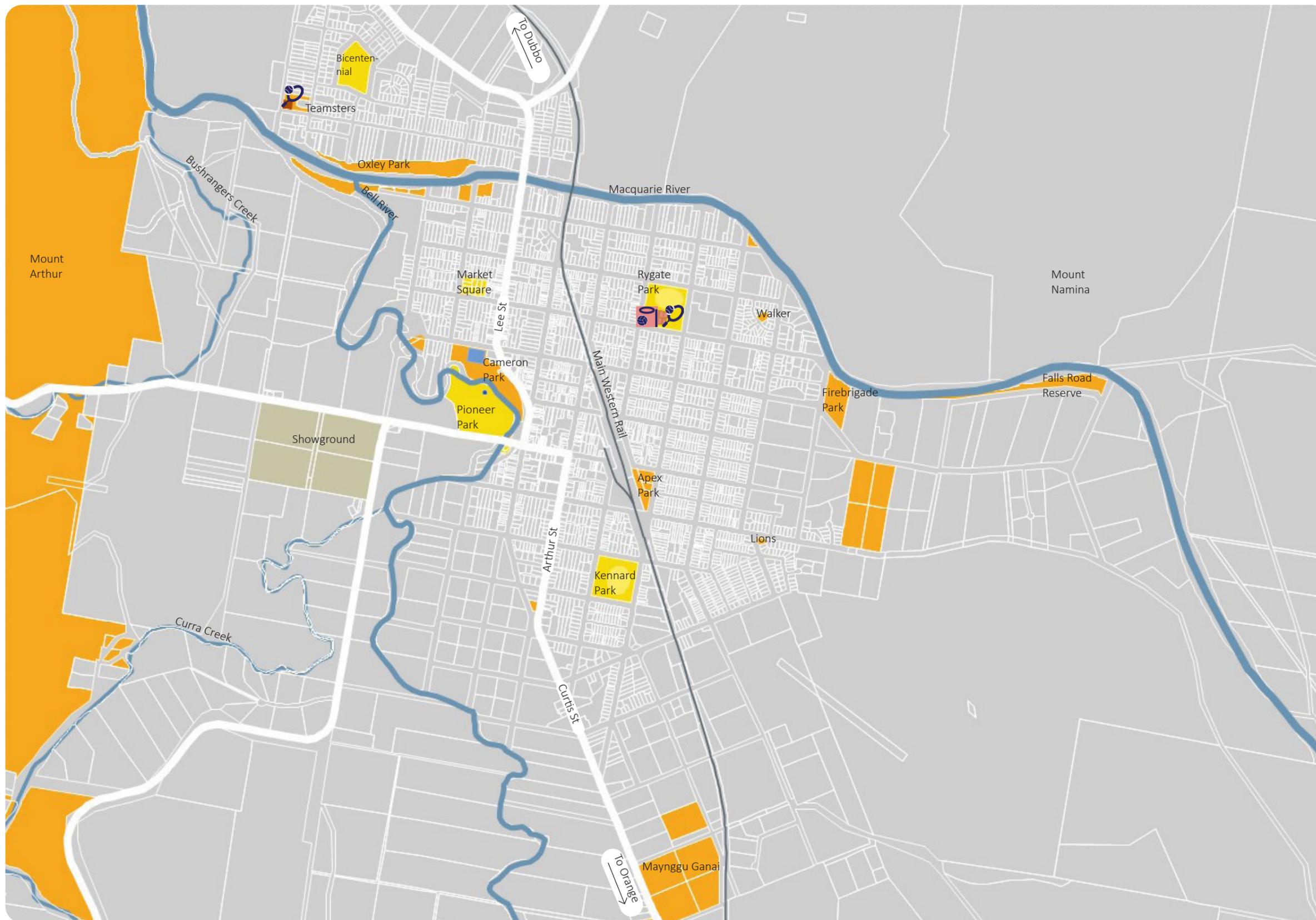
John McGrath Oval
 Katrina Gibbs Oval
Australia Rules
 South Dubbo Oval

Athletics

Barden Park is the premier site for athletics

Ultimate Frisbee

South Dubbo Oval



General Guide

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Netball

Netball fields are located at Rygate Park

Tennis

Tennis Courts are located at Rygate Park and Teamsters Park

Cricket

Pitches are located at:
Pioneer Park
Rygate Park

Athletics

Rygate Park accommodated athletics

Football

Fields are available at:
Pioneer Park

Touch Football

Touch is played at Rygate Park

Rugby League/Union

Key parks for Rugby League and R. Union:
Kennard Park
Bicentennial Park (union)

Structured Sports - Wellington



General Guide

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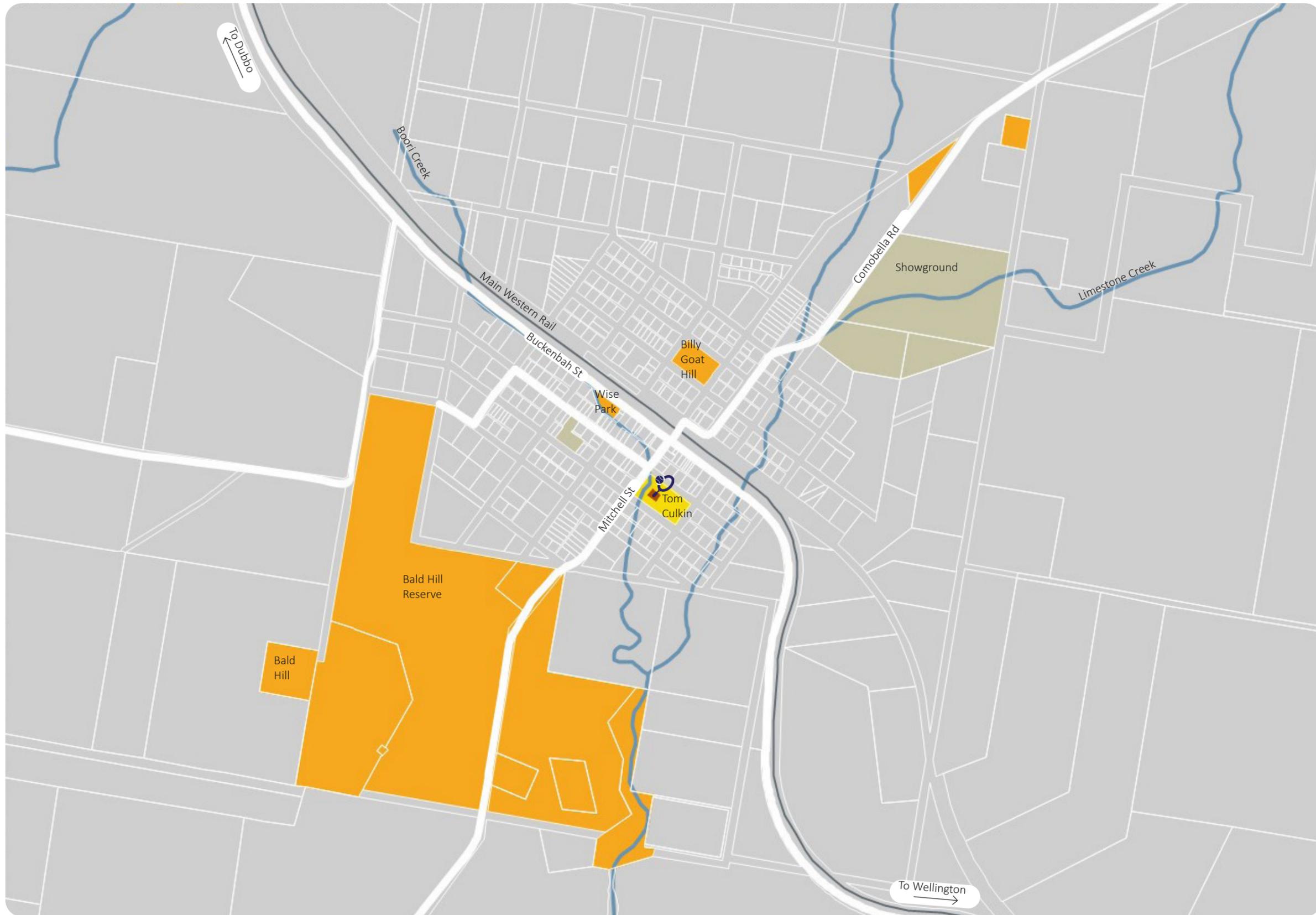
Tennis

- Tennis Courts are located at Ballimore Park

Cricket & Football

Local Summer and Winter sports are held at Ballimore Park Oval as run by the local village.

Structured Sports - Ballimore



General Guide

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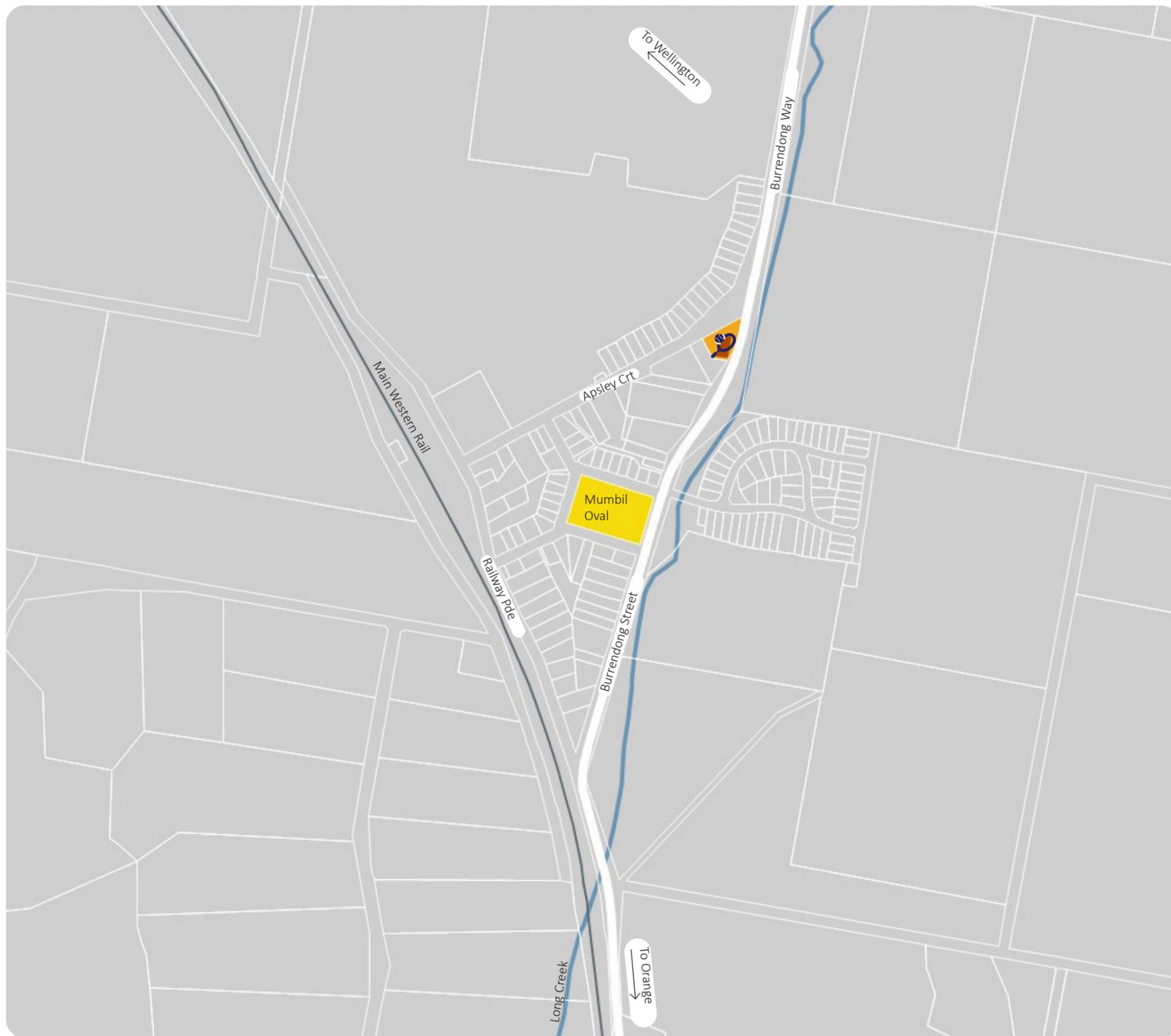
Tennis

-  Tennis Courts are located at Tom Culkin Park

Cricket

Tom Culkin Park has cricket nets and an oval

Structured Sports - Geurie



General Guide

-  Parks and passive recreation areas
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-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Tennis

-  Tennis Courts are located in the reserve on Apsley Crescent. These courts are in poor condition.

Cricket

Mumbil Oval is a local level facility for use by residents of Mumbil

Structured Sports - Mumbil



General Guide

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-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

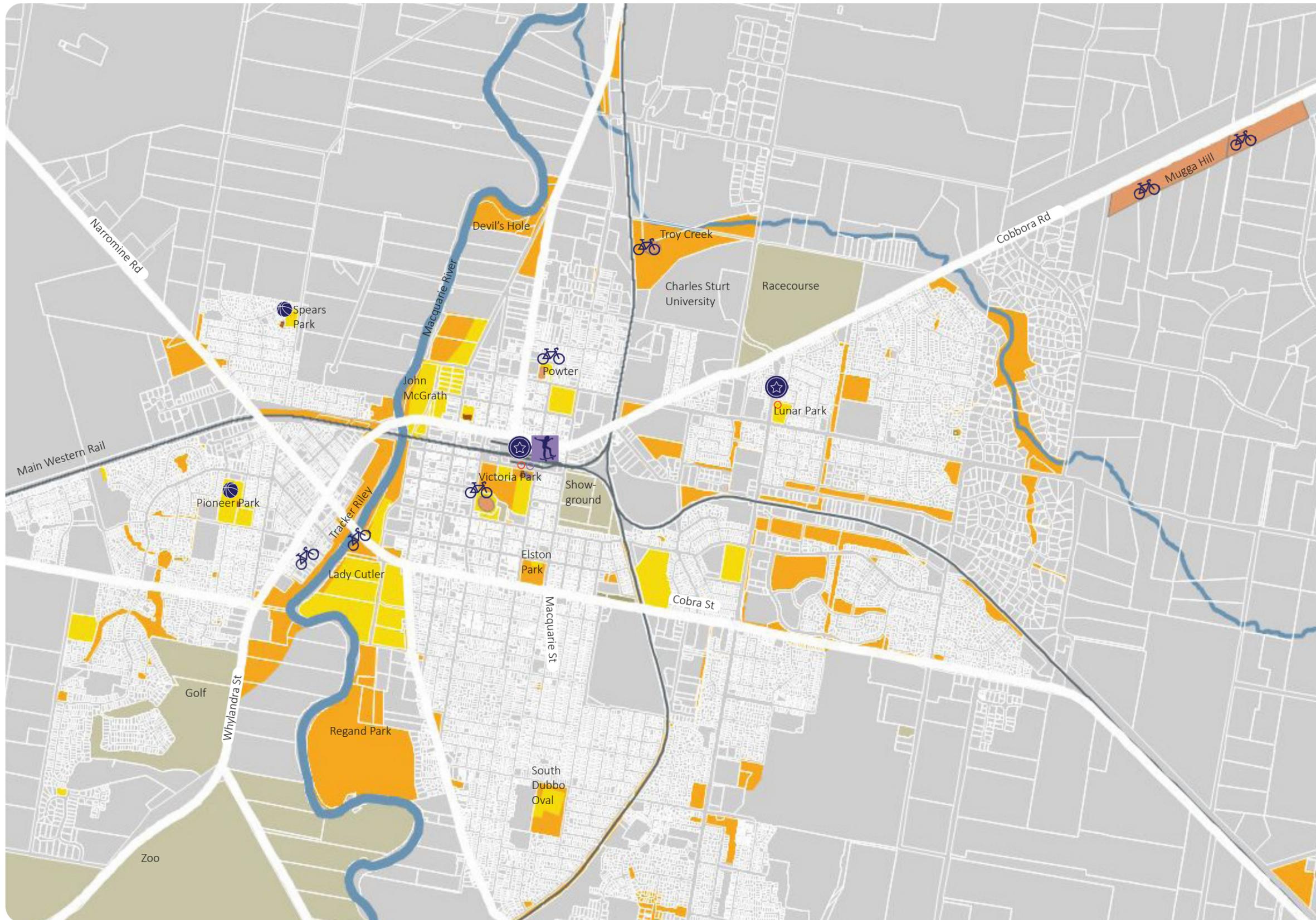
Tennis

-  Tennis Courts are located at Stuart Town Recreational Ground

Cricket

The oval at Stuart Town Recreational Ground is a local level facility for use by residents of Stuart Town

Structured Sport - Stuart Town



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Cycling

-  Cycling is offered at several locations
 Road cycling is available at Victoria Park Number 1 Oval and Dubbo Cycling Facility Troy Creek.

 Mountain biking can be found at Mugga Hill

 BMX track is at Powter Park

 Recreational cycling also along the Tracker Riley Path

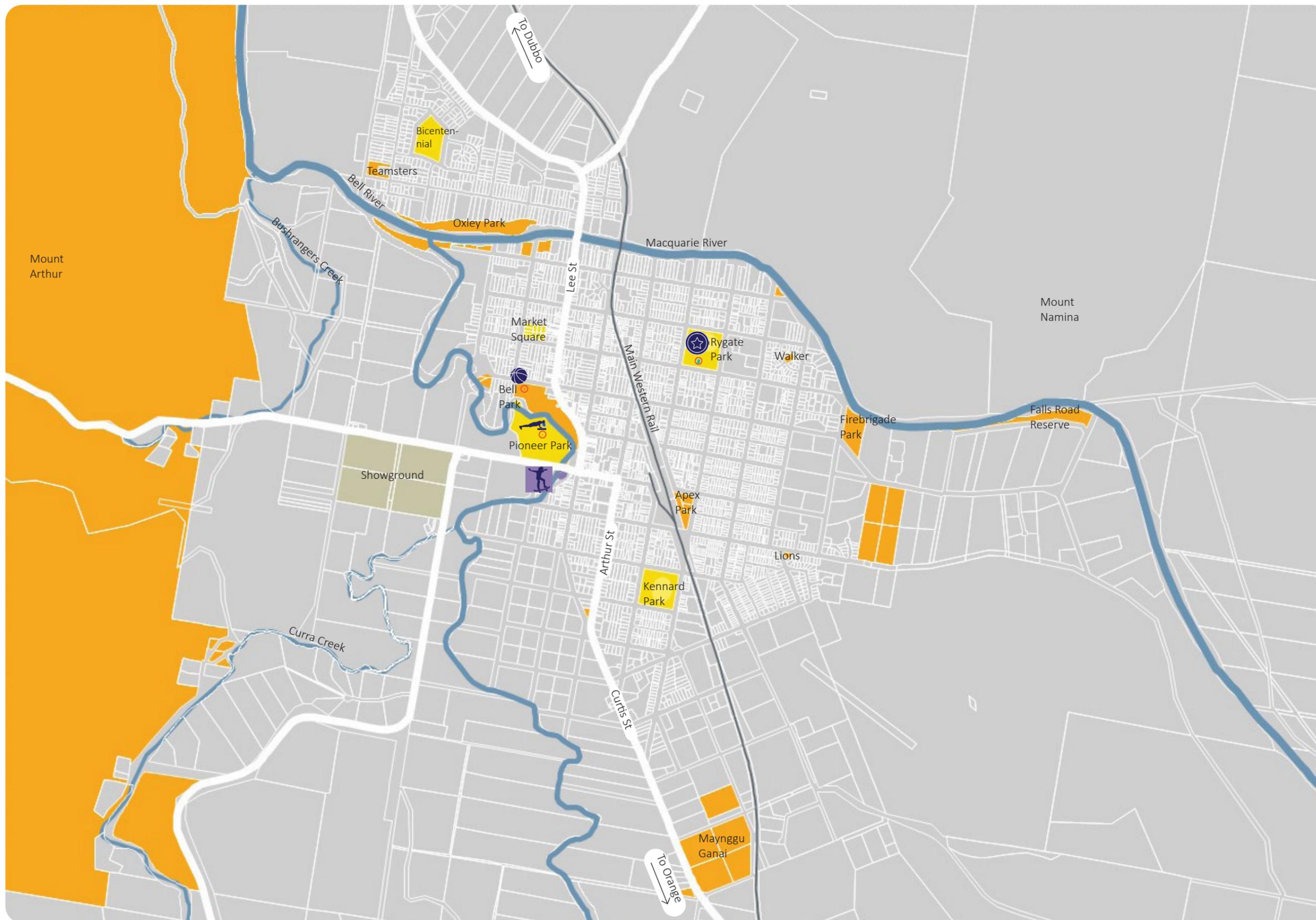
Skate Park

-  Dubbo Skate Park is at Victoria Park, Number 3 Oval North

Basketball and Multicourts

-  Outdoor basketball courts are at Spears Park Pioneer Park and
-  Victoria Park, Number 3 Oval and Lunar Park are multi-courts

Flexible Open Space - Dubbo



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Skate Park

-  A skate park is located opposite Pioneer Park on Namina Crescent

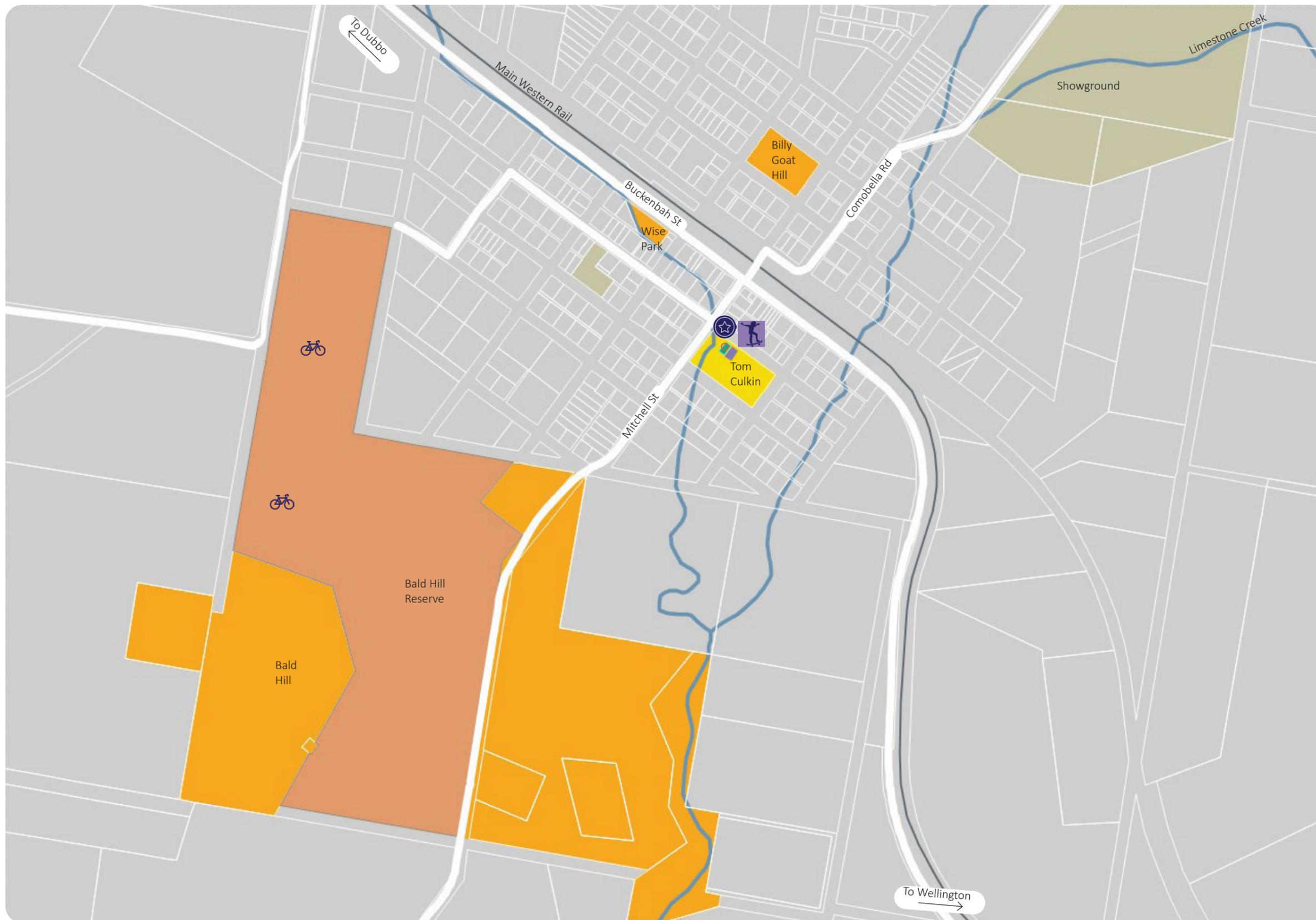
Basketball and Multicourts

-  A multicourt is located at Rygate Park
-  Basketball courts are located at Bell Park (currently closed)

Fitness Stations

-  Fitness stations are proposed at Pioneer Park

Flexible Open Space- Wellington



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Cycling

-  Mountain biking tracks are found within the Bald Hill Reserve.

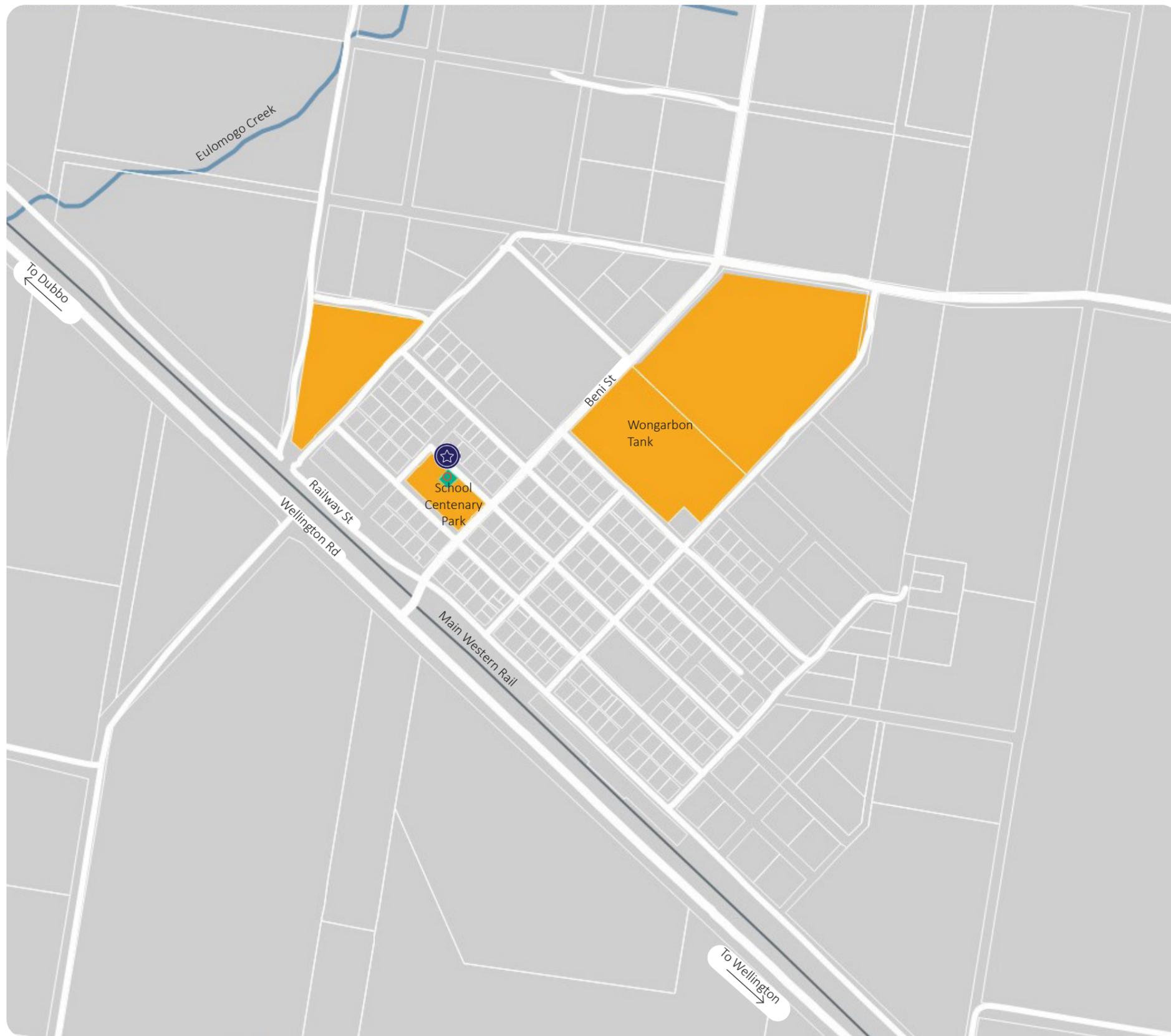
Skate Park

-  A skate park is located at Tom Culkin Reserve

Basketball and Multicourts

-  A multicourt is also at Tom Culkin Park

Flexible Open Space - Geurie



General Guide

- Parks and passive recreation areas
- Sportsfields and active recreation areas
- NSW State forests
- Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Multicourt

- ★ A multicourt is located at the School Centenary Park

Flexible Open Space - Wongarbron

Action Plan 2: Activated Open Space

OBJECTIVES

4. Develop plans for quality informal recreation to meet future needs of the community

ACTIONS

- 4.1 Develop plans to activate precincts to meet future population growth areas, particularly in urban release areas. This includes, Keswick, Southlakes, Grangewood / Delroy, Holmwood and Montifiores.
- 4.2 Review the supply of open space for recreation in DRC neighbourhoods, particularly outside of Dubbo and Wellington, including a plans for the villages.
- 4.3 Review playground areas and use to ensure a spread of quality playgrounds.
- 4.4 Develop policy and plan for accessible options for disabilities at selected locations.
- 4.5 Review and plan for future playgrounds across key locations including new release areas and towns.
- 4.6 Review and plan opportunities to increase provision for leisure and passive recreation based sports, including, walking, running, bush walking, trail riding, cycling, mountain biking, skating, outdoor table tennis, volleyball, kayaking.
- 4.7 Update landscape guidelines to support recreation and open space development.
- 4.8 Embellishment of connections to Macquarie River Corridor, Dubbo, and Bell River, Wellington. Activate connections and linkages to the city, tracks and trails.
- 4.9 Implement connections to camping and kayaking locations.
- 4.10 Continue to develop concept and master planing for major park facilities.

Action Plan 2: Activated Open Space

OBJECTIVES

5. Provide opportunities for a diverse range of recreation opportunities to benefit the health and well being of the community

6. Provide opportunities for engaging younger people in recreation

7. Provide a framework to allow for opportunities for private activation.

ACTIONS

5.1 Develop and implement a style manual for a consistent look for DRC structures and furniture. To include:
Shade structures
Fencing types
Standard park and street furniture
Way-finding and signage
Lighting

5.2 Implement an LGA wide approach to locations for group fitness, boot camps, fitness stations and obstacle or 'Ninja' style training.

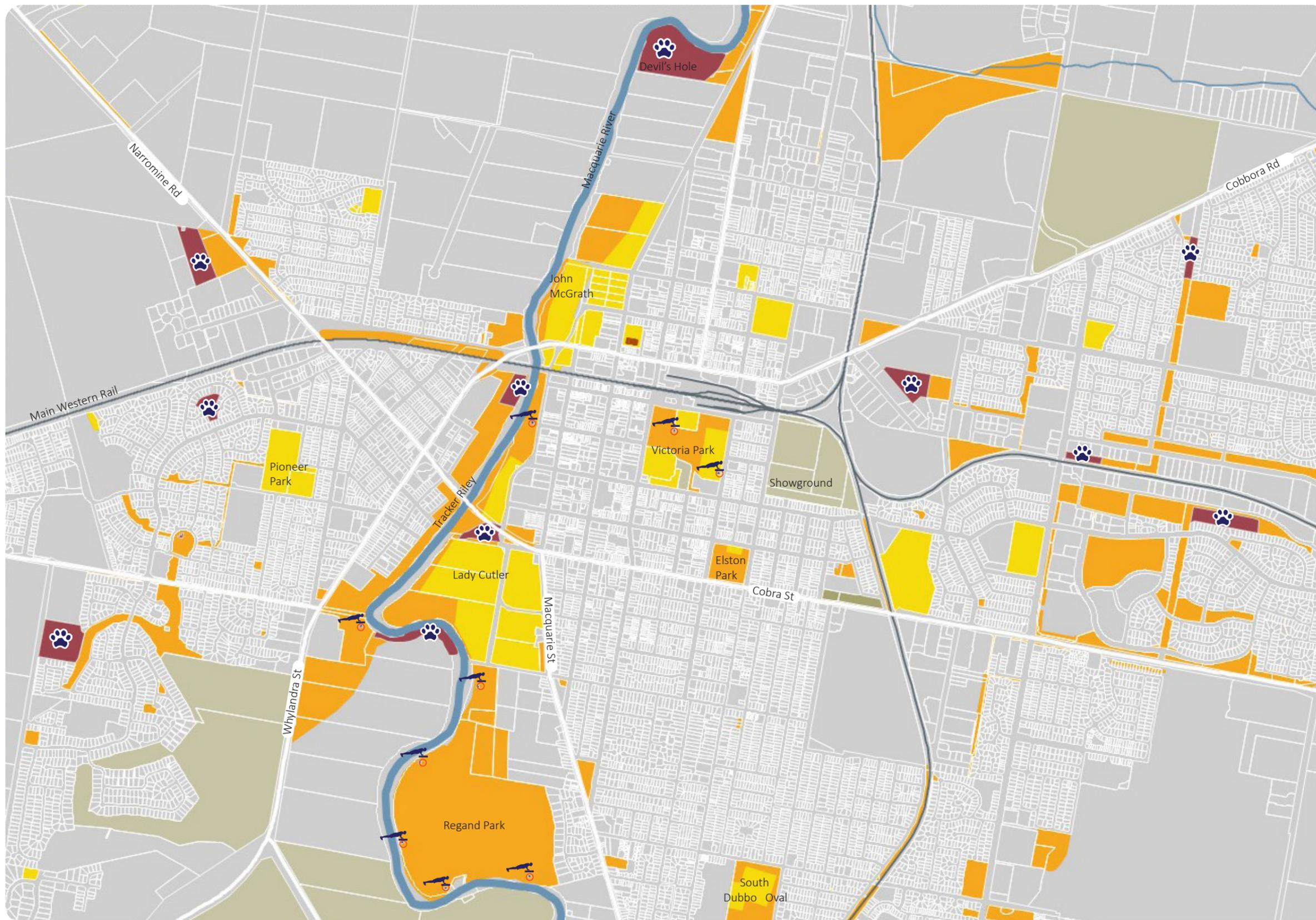
5.3 Develop networks and safe connections for cycling, walking, dog-off leash areas, walking to school, shade and resting stops to improve ease of access to maintain a healthy lifestyle. Improve integration of work with cycling and walking networks.

5.4 Provision of quality, safe and well maintained infrastructure to facilitate activation of open space networks. Including networks to join new release residential areas along north west, north east and south Dubbo.

5.5 Provision of embellishment to assist with creation of recreational networks, including play space, car parking and footpath extensions to support the Macquarie River corridor.

6.1 Provide recreational opportunities for youth spaces, skate parks, multi courts and dance space with a social engagement focus.

7.1 Develop opportunities and space for private businesses to expand recreational opportunities e.g. mobile food and coffee to bike or kayak hire.



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

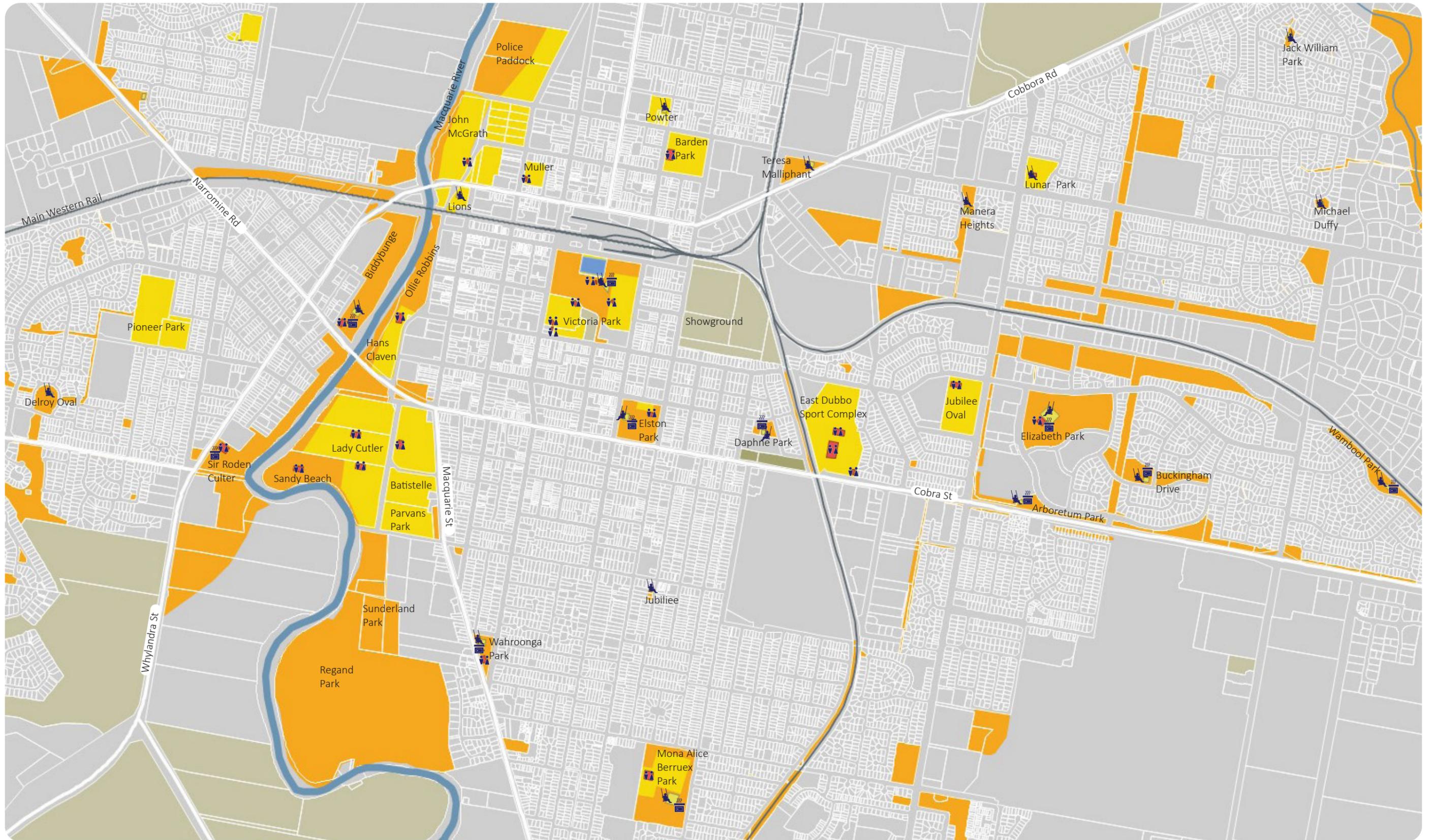
Dog Off Leash

-  Dog off leash areas are located in several locations across Dubbo. These locations include; Devil's Hole, North of Alexander Bell Memorial Park, Douglas Mawson Drive West, Mount Batten Drive East, and three locations adjacent to the Tracker Riley Path

Fitness Stations

-  Fitness Stations can be found along Tracker Riley Path and Victoria Park

Activated Open Space - Dubbo



Leisure - Dubbo

General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas

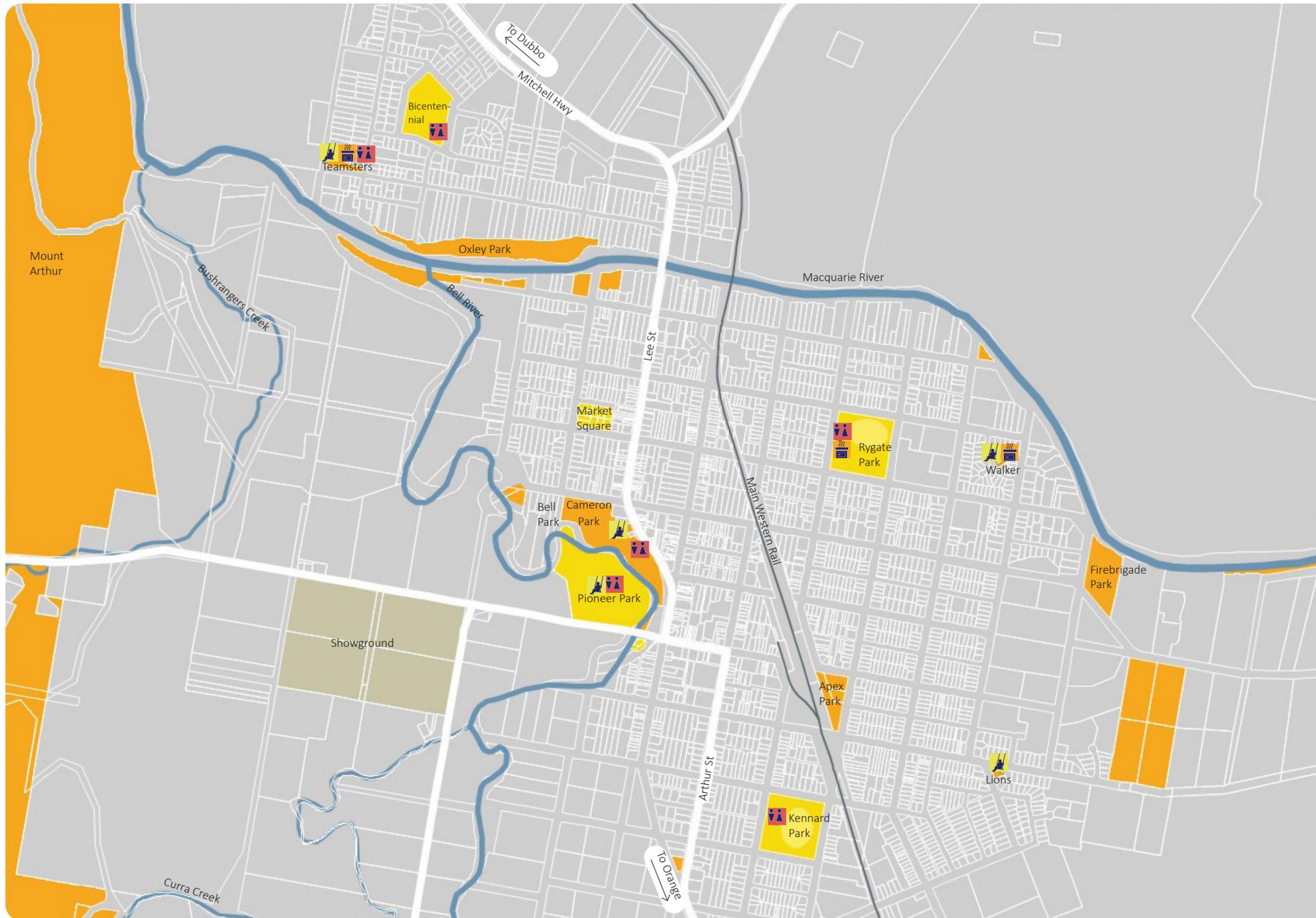
Facilities

-  Picnic shelters and Barbecues
Popular areas include Sir Roden Cutler, Victoria Park and Elizabeth Park

-  Playgrounds
Larger facilities can be found at Elizabeth Park, Delroy Oval, Elston Park and Livvi's Place within Victoria Park.

-  Amenities
Public toilet and change facilities are in several locations across Dubbo.

Drawing not to scale



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Facilities

-  Barbecues are located at Teamsters Park and at the Walker Street Park.
-  Playgrounds are at several locations across Wellington including Cameron Park, Teamsters Park, Pioneer Park, the Lions Park and Walker Street Parks.
-  Amenities
Public toilets are located at Bell Park, Cameron Park, Teamsters and also with sports amenities at Pioneer Park, Bicentennial Park, Kennard Park and Rygate Park.

Leisure - Wellington



General Guide

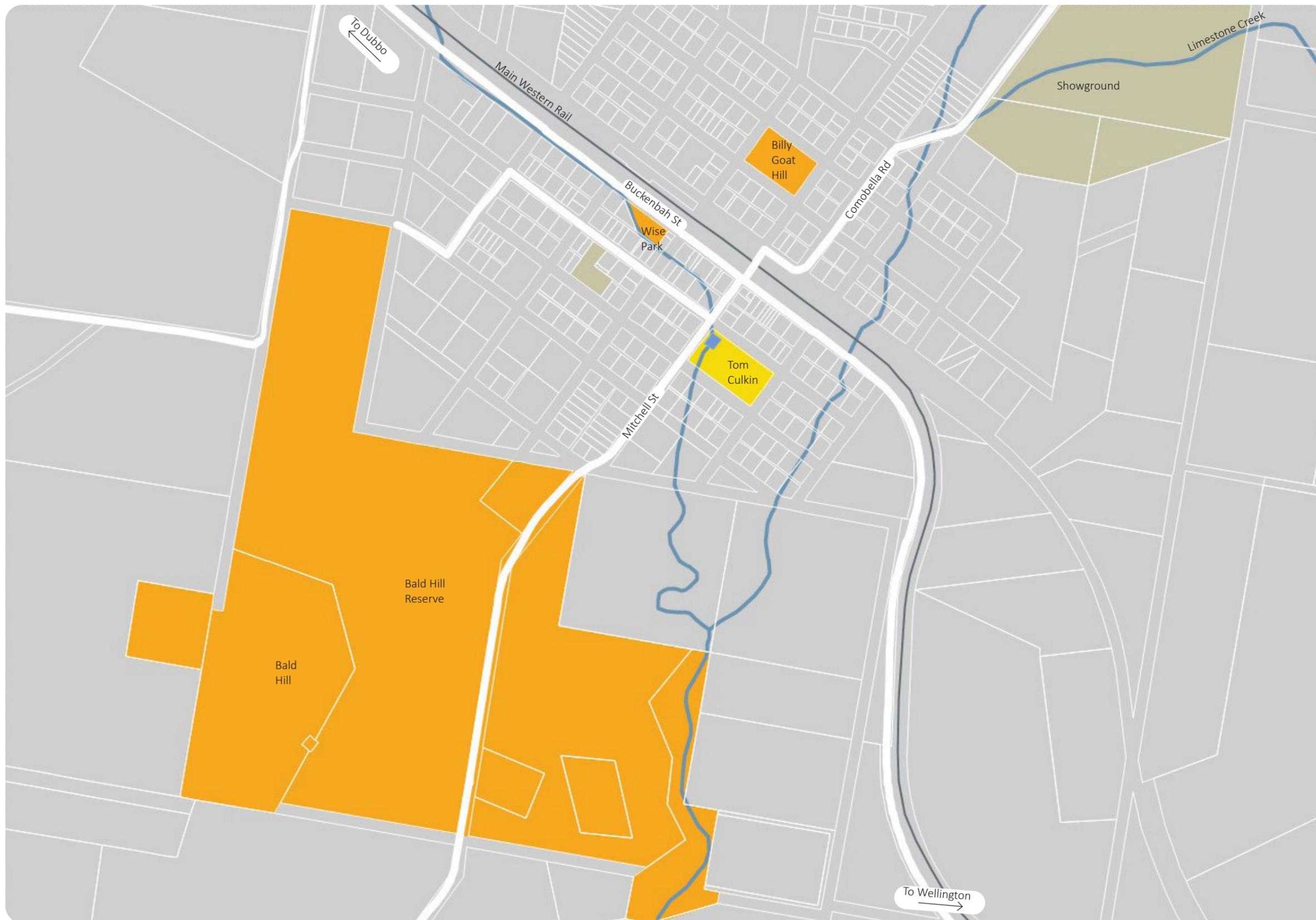
-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Facilities

-  Picnic shelters and Barbecues are located next to Ballimore Inn
-  Playground is also available at the reserve next to Ballimore Inn.
-  Amenities
Public toilets are located at the reserve next to Ballimore Inn.

Toilets are also located with the club house at Ballimore Park for club use.

Leisure - Ballimore



General Guide

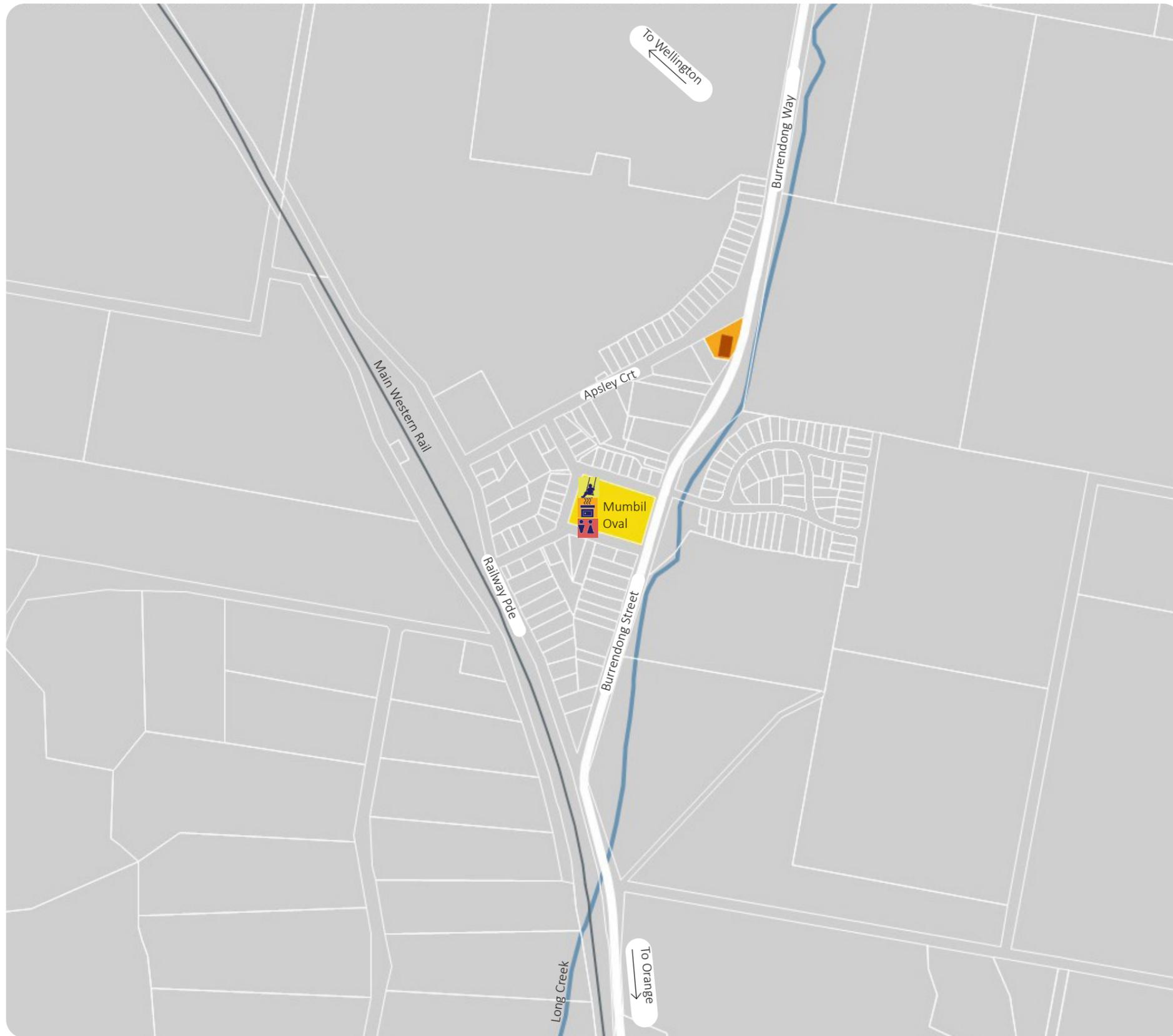
-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Facilities

-  Picnic shelters and Barbecues are located next to Ballimore Inn
-  Playground is also available at the reserve next to Ballimore Inn.
-  Amenities
Public toilets are located at the reserve next to Ballimore Inn.

Toilets are also located with the club house at Ballimore Park for club use.

Leisure - Geurie



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Facilities

-  Picnic shelter is located in Mumbil Oval
-  Playground is also available at the oval
-  Amenities
Public toilets are located at the reserve

Leisure - Mumbil



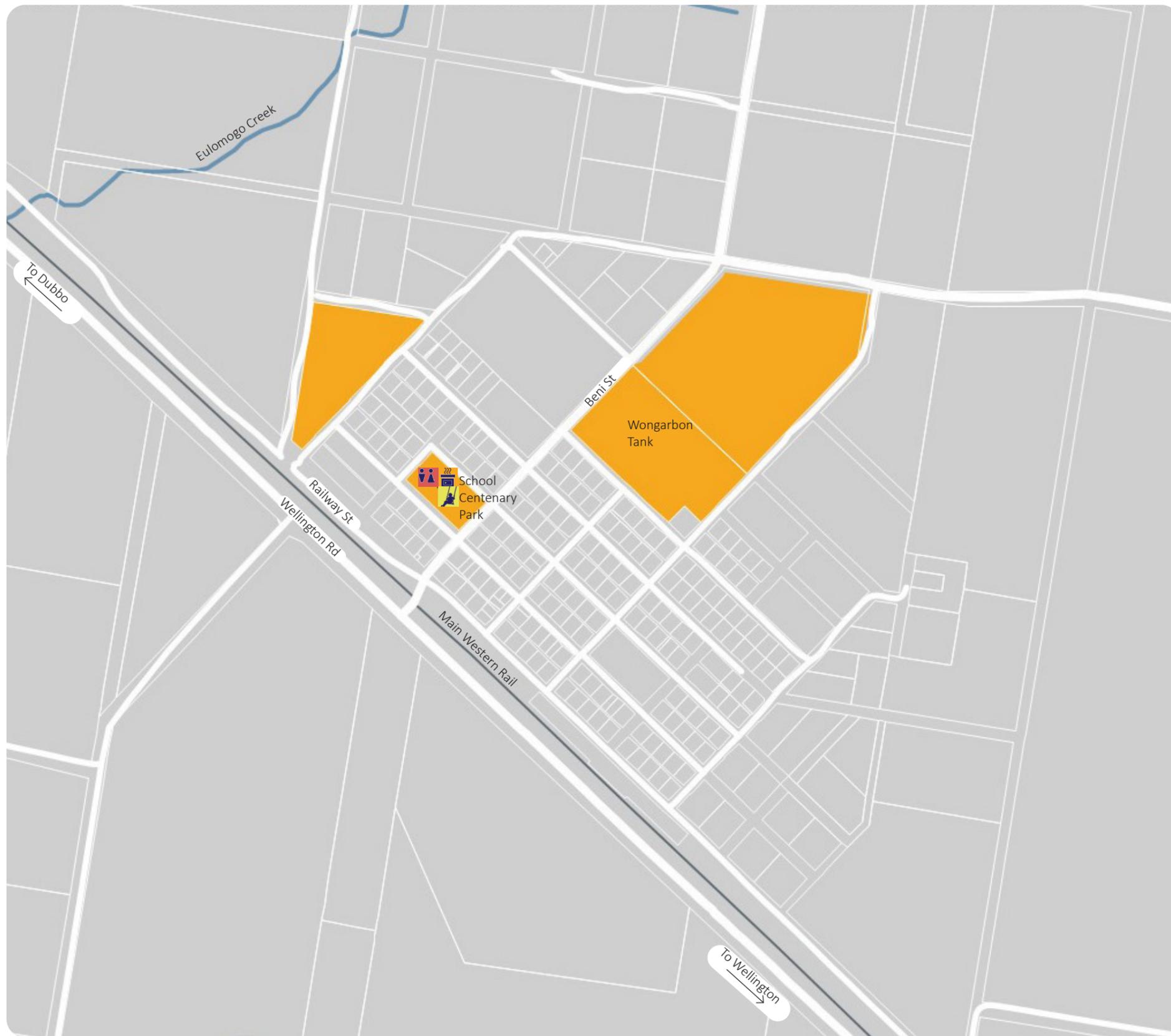
General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Facilities

-  Picnic facilities are located at Moxon Park
-  Playground is also available at Moxon Park
-  Amenities
Public toilets are located at Moxon Park and Stuart Town Recreation Ground

Leisure - Stuart Town



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Facilities

-  Picnic shelter is located at the School Centenary Park
-  Playground is also available at School Centenary Park
-  Amenities
Public toilets are located at School Centenary Park

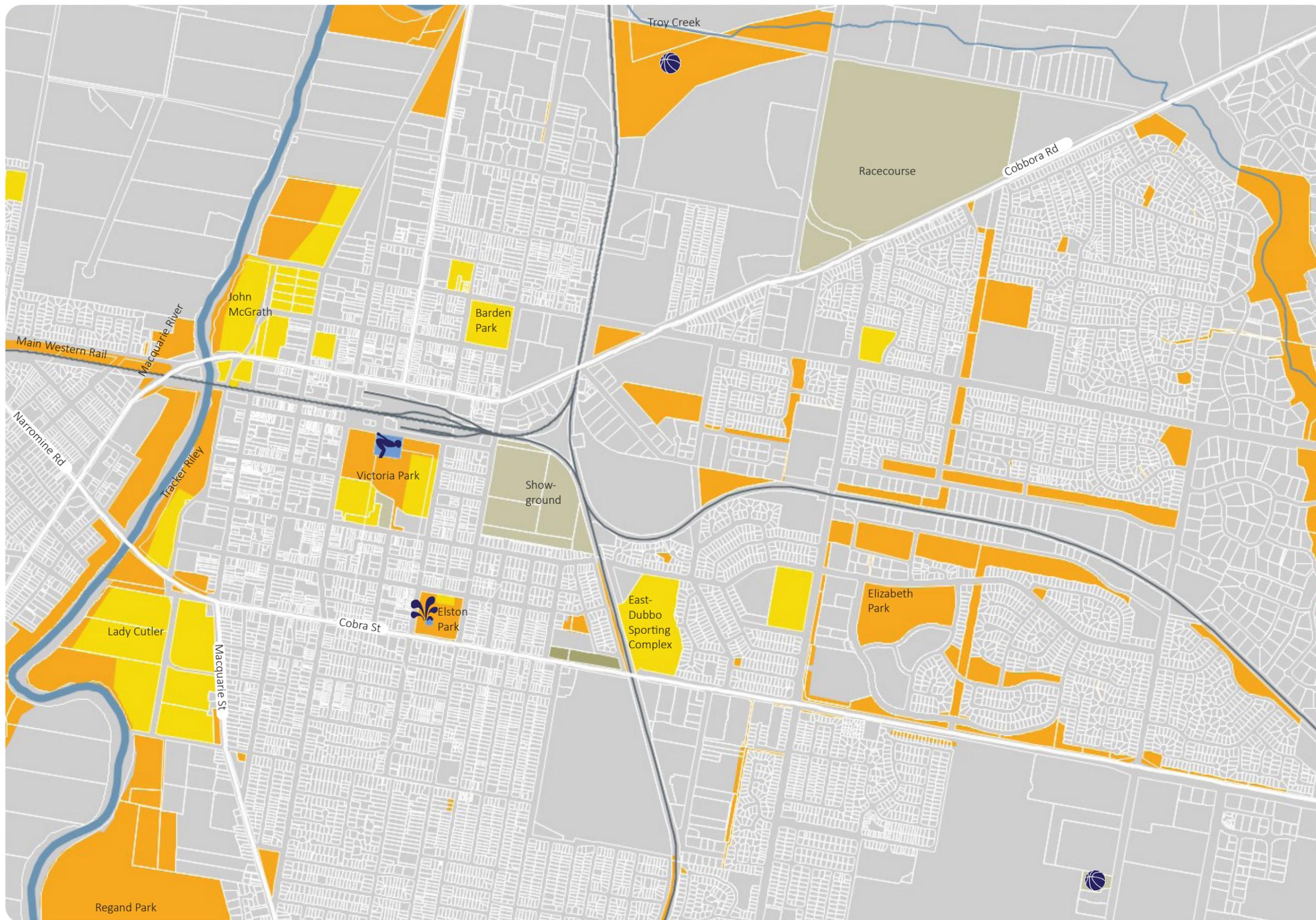
Leisure - Wongarboron

Action Plan 3: Indoor and Aquatic Facilities

OBJECTIVES

ACTIONS

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| 8. Plan for long term equitable spread of indoor and aquatic facilities | 8.1 Complete analysis of current and future needs analysis, including supply and demand assessment as well as potential shortfalls in indoor courts. |
| | 8.2 Basketball: Assist in coordination of a community based facility long term at the new Indoor Sports Facility. Dubbo Basketball in expanding its opportunities for long term facilities upgrades. Assess feasibility for the number of courts and programs across the region as staged development. |
| | 8.3 Support Basketball programs to encourage diverse and inclusive groups including indigenous, youth and social engagement programs. |
| | 8.4 Promote partnerships with the existing indoor sports centre to ensure equitable use of spaces. |
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- | | |
|---|--|
| 9. Develop Dubbo Regional Sporting Hub | 9.1 Plan for a key indoor facility to be co-located with the Charles Sturt University, Dubbo Indoor Multi-court Facility, Cycling, PCYC and netball facilities. Construction planning for stages. |
| | 9.2 Investigate partnerships with key stakeholders such as, state sporting organisations, community groups and agencies, local schools and hospitals to expand offering of activities and complementary services. |
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|---------------------------------------|--|
| 10. Improve water based sports | 10.1 Deliver Dubbo Aquatic Leisure Centre master plan with opportunities to expand the facility mix, programs and services at existing aquatic centres. |
| | 10.2 Improve offering of activities. These may include offering expanded types of water based activities (e.g. aquarobics) as well as use of spaces for complimentary services (e.g. yoga, pilates or physiotherapy). |
| | 10.3 Swimming: Support swimming club programs and assist in encouraging higher level competition at the indoor facility. |
| | 10.4 Support Wellington Swimming Club with programs and training to provide a sustainable long term facility. |
| | 10.5 Deliver Geurie Swimming Pool long term vision. |
-



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Aquatic and Water Parks

Dubbo has two water facilities

 Dubbo Aquatic Leisure Centre operates a 50m Olympic sized pool, a leisure pool and a water slide

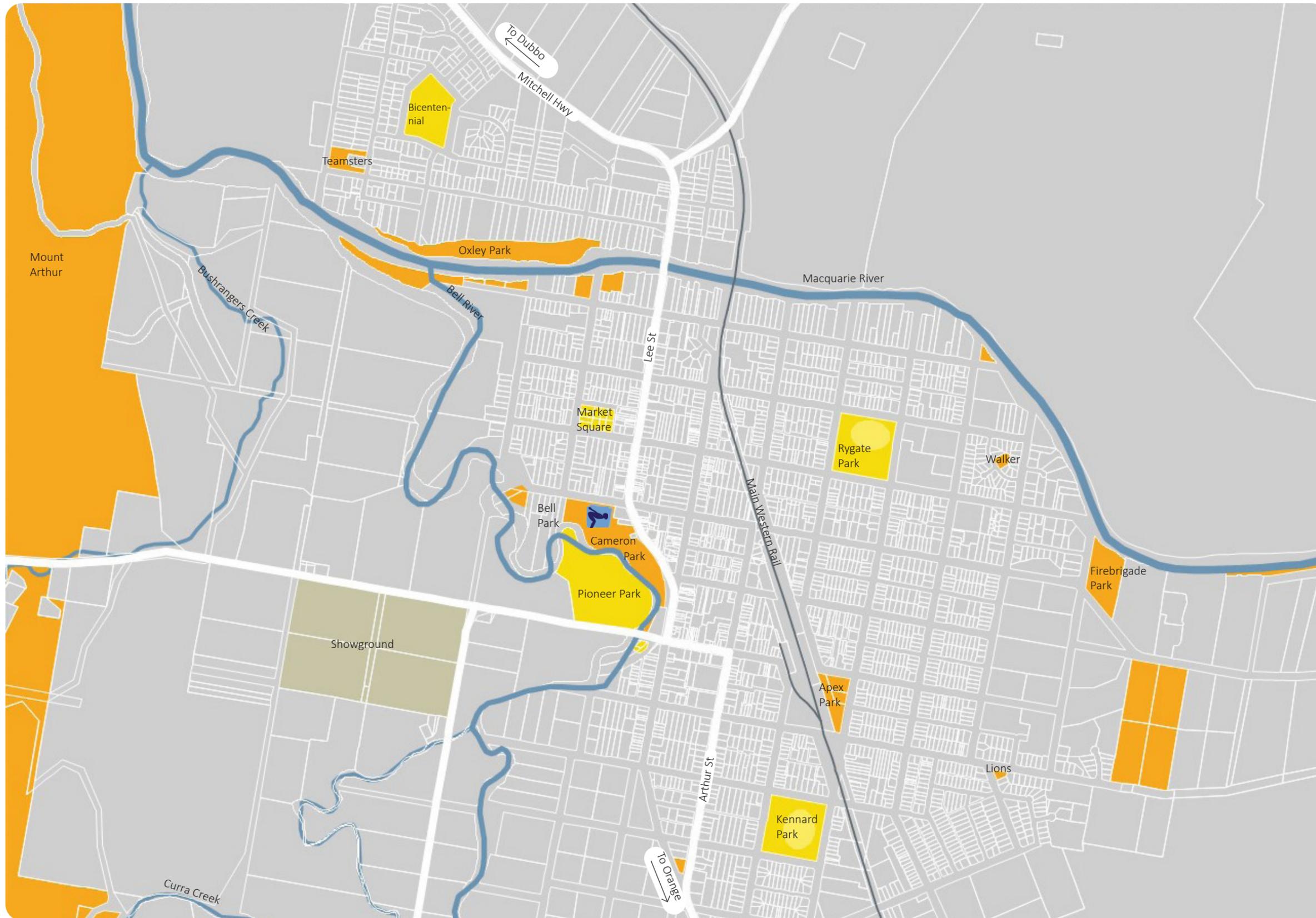
 Elston Park Splash Pad

Indoor Facilities

 An Indoor Facility is proposed at a location near Troy Creek and the Charles Sturt University Campus

Currently basketball is held at Dubbo Sports World

Indoor and Aquatic Facilities - Dubbo



General Guide

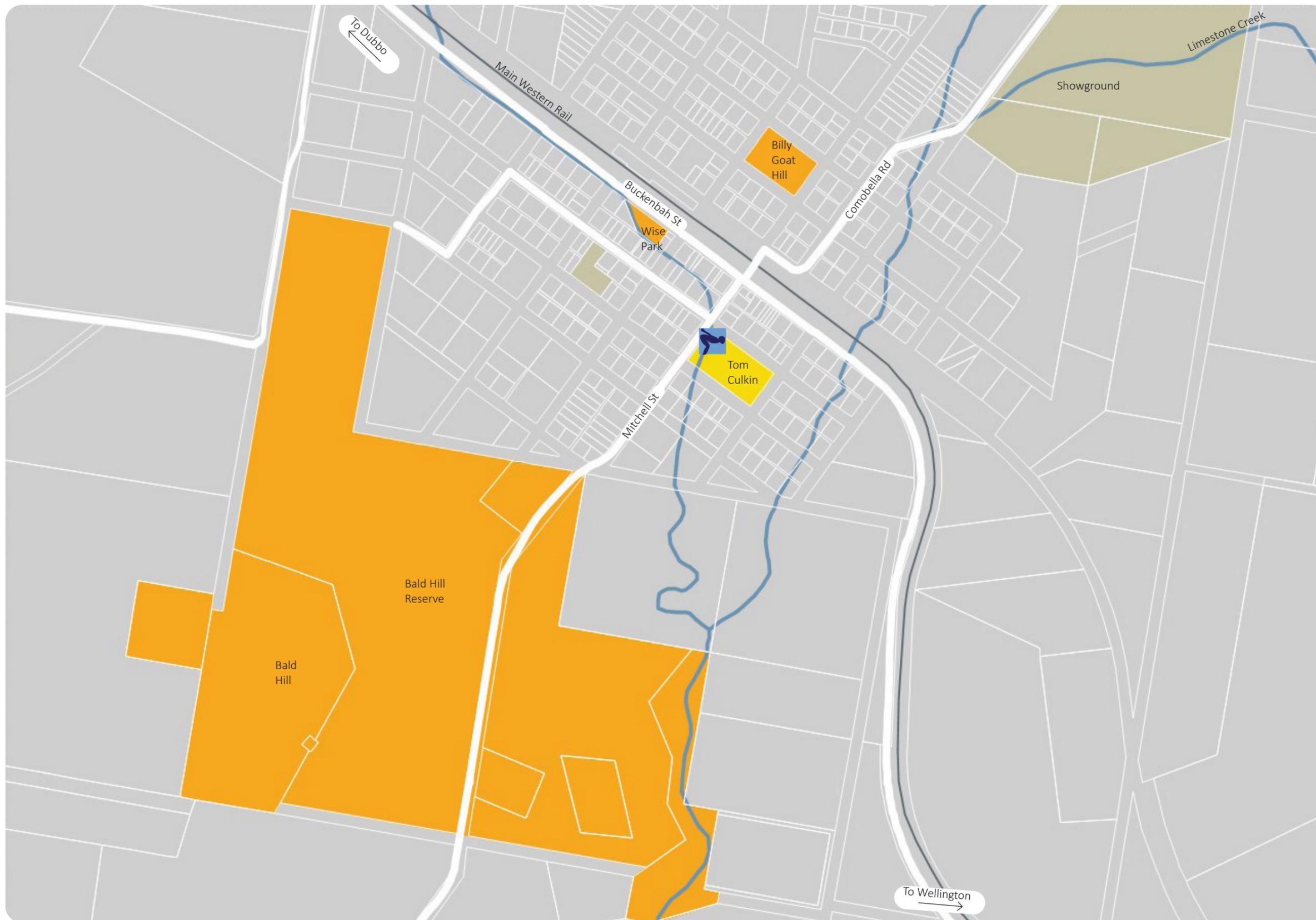
- Parks and passive recreation areas
- Sportsfields and active recreation areas
- NSW State forests
- Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Aquatic Centre

- 🏊 A new facility has been built featuring 50m swimming pool, leisure and splash pad at Cameron Park

Aquatic Facility - Wellington

Drawing not to scale



General Guide

-  Parks and passive recreation areas
-  Sportsfields and active recreation areas
-  NSW State forests
-  Other open space areas (such as showgrounds, race courses, golf courses and bowling club areas)

Aquatic Centre

-  Geurie Pool is a 25 m swimming pool and 1 small leisure pool

Aquatic Facility - Geurie



PROGRAMS & PARTNERS

PROGRAMS & PARTNERS

Action Plan 4 : Partnerships and Programs

OBJECTIVES	ACTIONS
<p>11. Improve communication and usage across all facilities</p>	<p>11.1 Clearly communicate seasonal allocation of sports grounds to maximise usage and plan for periods of targeted maintenance.</p> <p>11.2 Update the Playing Field Policy to communicate to all users defined maintenance standards, schedules for cleaning and operating responsibilities.</p> <p>11.3 Develop a marketing and communication strategy to promote passive and unstructured recreation. This may include web links for walking, cycling, kayaking and camping.</p> <p>11.4 Update hire agreements and expectations of DRC every year. Hire agreements should clearly communicate all responsibilities, expectations for waste and cleaning, permissible uses, fees and charges.</p>
<p>12. Develop healthy programs</p>	<p>12.1 Develop the overarching participation and partnership program directions to foster activation, sustainable recreation and accessible physical activity programs.</p> <p>12.2 Work with NSW Office of Sport and other partners to assist in delivery of combined outcomes.</p> <p>12.3 Support under-represented community groups to improve access to sport and recreation opportunities. These groups may include: Indigenous and culturally diverse groups Youth to Seniors People with a disability Inactive.</p> <p>12.4 Continue to support sport in the LGA through provision of a discount to sporting organisation annual fees and charges for sport specific facility preparation.</p>
<p>13. Promote fit for purpose facilities across the LGA</p>	<p>13.1 Partner Office of Sport for collection of baseline data including sport usage modelling, data collection and review. Undertake review of existing under utilised facilities.</p> <p>13.2 Facilitate recreational outcomes across master plans such as North Dubbo Sporting Complex, Macquarie River corridor, Police Paddock and Lady Cutler precincts. Design principles to align with this strategy.</p>

Action Plan 4 : Partnerships and Programs

-
- 14.** Grow sustainable opportunities for inclusive partnerships
- 14.1** Work with sporting associations, community, PCYC, Health and other agencies to improve their capacity to provide appropriate and successful programs.
 - 14.2** Partner attendance at the Dubbo Regional Sports Council. Support clubs on strategic and development programs aimed at improving governance and management arrangements. Aim to support increasing participation and planning for infrastructure.
 - 14.3** Plan for appropriate spaces for sports events, festivals, markets, fairs and other temporary opportunities that may support tourism to the region.
 - 14.4** Maintain and enhance existing successful sporting and active recreation events.
 - 14.5** Work in collaboration with key stakeholders to attract sport and recreation events and ensure event legacy planning.
-

Footnotes

1. NSW Government 2017, Department of Planning and Environment, Central West and Orana Regional Plan 2036
2. Kostrzewska, M 2017, 'Activating Public Space: How to Promote Physical Activity in Urban Environment' IOP Conf. Ser.: Mater. Sci. Eng. 245 052074
3. Australian Government 2019, Australian Sports Commission, 'Australia's top 20 sports and physical activities revealed'
4. Australian Government 2018, Department of Health, Sport 2030
5. PricewaterhouseCoopers 2015, Weighing the cost of obesity: A case for action, PWC (2015)
6. Parsons, S 2018, 'More than a Game: Evaluating the Economic Contribution of Sport to the Australian Economy,' 2018 Treasury Research Institute Essay Competition
7. Australian Government 2019, Australian Sports Commission, 'Clearinghouse for Sport and Physical Activity'- <http://www.ausport.gov.au>.
Also refer to: Australian Government 2019, Australian Sports Commission, 'Australia's top 20 sports and physical activities revealed'
8. Eime RM, Harvey J, Charity MJ, Casey M, Westerbeek H, Payne WR 2017, 'The relationship of sport participation to provision of sports facilities and socioeconomic status: a geographical analysis' *Aust NZ J Public Health*. 2017; Online; doi: 10.1111/1753-6405.12647
9. NSW Government 2019, Sport NSW, Future Directions An aspirational and inclusive approach to the delivery of sport and active recreation in NSW 2019-2022.